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Directed cell migration towards softer environments

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How cells sense tissue stiffness to guide cell migration is a fundamental question in development, fibrosis and cancer. Although durotaxis—cell migration towards increasing substrate stiffness—is well established, it remains unknown whether individual cells can migrate towards softer environments. Here, using microfabricated stiffness gradients, we describe the directed migration of U-251MG glioma cells towards less stiff regions. This 'negative durotaxis' does not coincide with changes in canonical mechanosensitive signalling or actomyosin contractility. Instead, as predicted by the motor-clutch-based model, migration occurs towards areas of 'optimal stiffness', where cells can generate maximal traction. In agreement with this model, negative durotaxis is selectively disrupted and even reversed by the partial inhibition of actomyosin contractility. Conversely, positive durotaxis can be switched to negative by lowering the optimal stiffness by the downregulation of talin—a key clutch component. Our results identify the molecular mechanism driving context-dependent positive or negative durotaxis, determined by a cell's contractile and adhesive machinery.

he capacity of living cells to undergo controlled migration is critical for tissue homeostasis and development, and underlies pathological conditions like cancer metastasis^{1,2}. Cells migrate in response to chemical and physical cues including the elasticity, or stiffness, of the surrounding extracellular matrix (ECM). The well-known tendency for many cells to migrate towards stiffer substrates, known as durotaxis^{3–8}, has implications for both developmental morphogenesis^{9,10} and cancer cell invasion^{8,11,12}.

Despite progress in empirically identifying environmental conditions and molecular components that enable or promote durotaxis^{4,5,13-15}, our understanding of its fundamental mechanisms in different cell types is lacking. A long-standing mathematical model for cell migration is based on the motor-clutch mechanism¹⁶⁻¹⁹, in which F-actin filaments polymerize against the plasma membrane to push the cell edge forward while being simultaneously pulled away from the cell edge by adenosine triphosphate (ATP)-dependent myosin II ('molecular motors') and pushed by force from the ATP-dependent polymerization itself. Retrograde F-actin flow can be mitigated by mechanical connections or 'clutches', typically integrin-mediated adhesions, between the F-actin and ECM to generate traction and bias cell movement towards more adhesive environments^{20,21}. These traction forces are critical for cell migration; as a result, they have also been linked to durotaxis. For example, fibroblasts on stiffness gradients exhibit asymmetric traction that has been postulated to directly contribute to their polarization and migration up the gradient^{6,22}. Recently, differences in intracellular contractility and adhesivity to the ECM have been proposed to explain why some cells are more prone to durotax than others¹². Interactions between actomyosin machinery and integrin-mediated adhesions have also been implicated in neuronal growth and mechanosensitive pathfinding²³⁻²⁵. However, the unifying principles underlying these behaviours across cell types have not been established.

Recently, cellular traction forces were shown to be maximal on substrates of an 'optimal stiffness' that can be predicted by the motor–clutch model^{18,19,26–30}. However, the biological relevance of this on cell behaviour remains to be fully elucidated. Due to the key role of traction in driving mesenchymal cell migration, we predicted that any cell whose adhesion dynamics are governed by the motor–clutch model could potentially migrate towards softer environments, if such environments were closer to the cell's optimal stiffness for maximal traction generation. We call this behaviour 'negative durotaxis'.

U-251MG glioblastoma cells undergo negative durotaxis

To test our hypothesis, we seeded U-251MG human glioblastoma cells, previously shown to exhibit maximal traction at an optimal stiffness of 5-10 kPa (Fig. 1a)²⁹, on fibronectin-functionalized polyacrylamide hydrogels having a continuous stiffness gradient of approximately 0.5-22.0 kPa (Supplementary Fig. 1a,b)³¹—a range

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representative of healthy and malignant brain tissue³². We observed a strong tendency for these cells to undergo negative durotaxis, migrating from the stiffest areas to regions of intermediate stiffness over time (Fig. 1b,c). Fewer cells were observed in the softest regions, implying that cells below the optimal stiffness underwent conventional positive durotaxis. To exclude cell proliferation as a cause of these differences, we quantified the rate of 5-ethynyl-2'-deoxyuridine (EdU) incorporation in cells cultured on homogeneous 0.5, 9.6 and 60.0 kPa substrates. Proliferation was equal on the 9.6 and 60.0 kPa hydrogels and only slightly lower on the 0.5 kPa substrates (Supplementary Fig. 2a,b), suggesting that the absence of cells in the stiffer regions of the gradient was indeed due to biased migration. This was further validated by live-cell tracking of cells on stiffness gradients. The cells initially located in areas below the optimal stiffness (<10kPa) exhibited movement towards increasingly stiff regions, whereas cells residing in areas above the stiffness optimum (>10 kPa) displayed a significant tendency to migrate towards the softer regions (Fig. 1d and Supplementary Fig. 3a,b).

As an additional demonstration of negative durotaxis, we cultured U-251MG cells on photoresponsive hydrogels with alternating 8 and 15 kPa regions, connected by steep stiffness gradients (Fig. 1e, Supplementary Figs. 4a,b and 5a-d, and Supplementary Note 1). Here 20-µm-wide fibronectin lines were printed across the gradients to facilitate cell motility. Live-cell imaging revealed that cells migrated along the fibronectin lines and preferentially clustered in the softer 8 kPa regions (Fig. 1f,g, Supplementary Fig. 3c,d and Supplementary Video 1). Moreover, tracking of individual U-251MGs confirmed that any cell making contact with a stiffness gradient preferentially migrated to the softer 8kPa side (Fig. 1h, Supplementary Fig. 3e and Supplementary Video 2). Finally, we confirmed that biased migration on either type of stiffness gradient was not due to differences in fibronectin density, that is, haptotaxis, as ligand distribution appeared uniform in both experimental models (Supplementary Figs. 1c and 5e-f). Taken together, these data demonstrate that U-251MGs are capable of negative durotaxis from stiff to soft environments, consistent with their stiffness optimum for maximal traction.

Negative durotaxis does not correlate with mechanosignalling

To gain an insight into the molecular basis of negative durotaxis, we investigated the key mediators of mechanotransduction, whereby biomechanical cues are translated into changes in cell signalling and behaviour³³. We speculated that a biphasic response in any of these could, in part, modulate the negative durotaxis of U-251MGs. However, no changes were observed in myosin II light chain (MLC2), focal adhesion kinase (FAK) or extracellular signal-regulated kinase (ERK) phosphorylation in U-251MGs cultured on substrates with moduli of 0.5, 8.0 or 50.0 kPa (Fig. 2a,b). These results were surprising because in most adherent cell types, increasing the substrate stiffness supports integrin clustering and focal adhesion (FA) growth, promoting the activation of mechanosensitive downstream signalling pathways^{19,34,35}.

This prompted us to compare FAs in U-251MGs, capable of negative durotaxis, and MDA-MB-231 breast adenocarcinoma cells, which reportedly undergo positive durotaxis8. As expected, MDA-MB-231s displayed stiffness-induced growth of paxillin-positive FAs (Supplementary Fig. 6a), whereas U-251MGs displayed very few FAs even on 60 kPa substrates, as confirmed by the immunostaining of paxillin (Fig. 2c) and additional FA markers, namely, vinculin and phosphorylated FAK (Supplementary Fig. 6b). This was not due to the low expression of mechanosensitive adhesion proteins talin-1, talin-2 or vinculin, or due to low myosin II activity (p-MLC2), as these were expressed at comparable levels in U-251MG, MDA-MB-231 and human osteosarcoma U-2 OSanother FA-forming cell line³⁶ (Supplementary Figs. 6c,d and 16). Nevertheless, U-251MGs displayed high \beta1-integrin activity and their spreading on fibronectin was sensitive to *β*1-integrin inhibition with a function-blocking antibody (Mab13) (Supplementary Fig. 6e-g), suggesting that they interact with their substrate primarily through integrins.

Hippo-family proteins yes-associated protein 1 (YAP) and transcriptional co-activator with PDZ-binding motif (TAZ) are transcriptional co-regulators that integrate cues from different mechanical and biochemical sources to direct cell behaviour. Nuclear localization and activation of YAP/TAZ on stiff substrates are linked to increased F-actin assembly and FA formation; conversely, YAP/ TAZ can promote adhesion turnover and cell migration³⁷ and base-line YAP activity may even be necessary for conventional duro-taxis¹⁴. We stained endogenous YAP from MDA-MB-231s and observed robust stiffness-induced nuclear translocation (Fig. 2d,e). In contrast, U-251MGs displayed much lower nuclear YAP on both soft and stiff substrates, with a slight increase but no visible peak between 0.5 and 60.0kPa (Fig. 2d,e). Thus, the mechanosensitive signalling responses of U-251MGs are minimal and not specific to the 5–10kPa range, and cannot explain negative durotaxis.

Negative durotaxis can be explained by motor-clutch dynamics

The optimal stiffness for U-251MG traction and the increasing overall motility of these cells (random motility coefficient (RMC)) with stiffness up to 100 kPa can be explained by motor–clutch dynamics²⁹. Without talin unfolding and vinculin-mediated 'clutch reinforcement' and FA growth, the motor–clutch model naturally predicts a biphasic dependence of traction forces on substrate stiffness¹⁹. After confirming that U-251MGs preferentially migrated towards their known stiffness optimum in all our experimental conditions (Fig. 1a–h), we investigated whether the stochastic computational

Fig. 1 | U-251MG glioblastoma cells undergo negative durotaxis. a, Schematic of U-251MG traction, maximal on 5-10 kPa substrates²⁹, and how it relates to the two stiffness gradients employed here. **b**, Representative region of a diffusion-based polyacrylamide stiffness gradient (Young's modulus, -0.5-22.0 kPa) at the outset of the experiment and 48 h later (top). U-251MG cells are indicated by nuclear staining. Scale bar, 500 μ m. Quantification of cells across the gradient (bottom). **c**, Cell density in different parts of the stiffness gradient. The bins denote pooled regions of interest (ROIs) in the bottom-, middle- and top-third of the gradient. Mean \pm standard error of the mean (s.e.m.) of *n* = 36 (day zero, low), 22 (day zero, intermediate), 14 (day zero, high), 42 (day two, low), 16 (day two, intermediate) and 14 (day two, high) ROIs, analysed by the Kruskal-Wallis one-way analysis of variance (ANOVA) and Dunn's post hoc test. **d**, Angular displacements and forward migration indices (FMIs) of individual U-251MG cells migrating in the softer (<10 kPa, left) and stiffer (>10 kPa, right) regions of a 0.5-22.0 kPa gradient. Here *n*=174 (>10 kPa) and 264 (<10 kPa) cells from three independent experiments. Analysed by the Wilcoxon signed-rank test (two sided). **e**, Schematic of photoresponsive hydrogels with steep repeating stiffness gradients. **f**, **g**, U-251MG migration on photoresponsive gradient hydrogels. A representative example (**f**) and quantification (**g**) of the change in cell density across the gradients over time. The blue overlay denotes softer, UV-exposed regions. The vertical and horizontal grey lines in **f** are out-of-focus markings on the underlying glass, used as a reference. Scale bar, 200 μ m. Mean \pm 95% confidence interval (CI) from *n* = 24 fields of view, from two independent experiments. **h**, Violin plots of accumulated distance migrated by individual cells along the *x* axis over 12 h, starting from a gradient (top) or from the middle of a compliant region (bottom). The ve



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Fig. 2 | U-251MG cells display limited mechanosensitive signalling and adhesion maturation. a,b, Representative western blot (**a**) and quantification (**b**) depicting protein phosphorylation in U-251MGs on 0.5-50.0 kPa substrates. Mean ± standard deviation (s.d.) of *n* = 5 (p-MLC2, 0.5 kPa), 3 (p-MLC2, 8.0 kPa), 5 (p-MLC2, 50.0 kPa), 4 (p-FAK, 0.5 kPa), 4 (p-FAK, 50.0 kPa), 4 (p-ERK, 0.5 kPa), 2 (p-ERK, 8.0 kPa) and 4 (p-ERK, 50.0 kPa) independent experiments. **c**, Immunofluorescence images of paxillin and F-actin in U-251MGs on 0.5-60.0 kPa substrates. Individual focal planes from confocal stacks corresponding to the basal side of each cell (bottom). Scale bars, 20 µm (main) and 10 µm (ROI). Representative of three independent experiments. **d,e**, Immunofluorescence images (**d**) and quantification (**e**) showing the intracellular localization of YAP as a function of substrate stiffness in U-251MG and MDA-MB-231 cells. The insets depict the representative nuclei. Scale bar, 20 µm. Each box displays the upper and lower quartiles and a median and the whiskers denote the minimum and maximum values. Here *n* = 65 (U-251MG, 0.5 kPa), 57 (U-251MG, 2.0 kPa), 96 (U-251MG, 9.6 kPa), 85 (U-251MG, 60.0 kPa), 135 (MDA-MB-231, 0.5 kPa), 73 (MDA-MB-231, 2.0 kPa), 89 (MDA-MB-231, 9.6 kPa) and 85 (MDA-MB-231, 60.0 kPa) cells. Analysed by the Kruskal-Wallis one-way ANOVA and Dunn's post hoc test; *p* values are indicated in the figure.

simulation of cell-level motor-clutch dynamics would be sufficient to reproduce negative durotaxis (Fig. 3a and Supplementary Note 2). We simulated the migration of individual U-251MGs on mechanically homogeneous substrates for one hour to allow the system to reach a dynamic steady state and then placed each cell on a continuous substrate consisting of alternating $60-\mu$ m-wide regions of low and high stiffness, joined together by continuous $30-\mu$ m-wide stiffness gradients (Fig. 3b and Supplementary Fig. 7).

On $10-100 \,\text{pN}\,\text{nm}^{-1}$ gradients, corresponding to $\sim 10-100 \,\text{kPa}$ for typical adhesion sizes³⁸, and where the cells' optimal stiffness



Fig. 3 | Motor-clutch simulations recapitulate negative durotaxis. a, Schematic of the cell migration simulator²⁹. Individual modules and a central cell body are attached to the elastic substrate by sets of clutch molecules. **b**, Experimental setup used here and in Supplementary Figs. 8 and 9. The simulated cells in a dynamic steady state were placed on a substrate with repeating stiff and soft regions and tracked over time. An equal number of cells were placed on both stiffnesses (red area). **c,d**, Module-wise traction forces (**c**) and RMC (**d**) of the simulated cells as a function of substrate stiffness. The overlays highlight the range of the 10-100 pN nm⁻¹ gradient in **e** and **f**. Mean ± s.e.m. of *n* = 10 cells. **e**, **f**, Evolution of cell density on mechanically heterogeneous substrates over time. Coordinates of individual cells 0, 4 and 16 h into the simulation (**e**). Stiff (\geq 55 pN nm⁻¹) and compliant (<55 pN nm⁻¹) regions are indicated by grey and blue, respectively. Fraction of cells residing in the stiff and soft regions over the course of the simulation (**f**). ±95% CI, *n*=882 cells. **g**, Experimental setup used for investigating the migration tracks of individual simulated cells on a continuous stiffness gradient. Cells in a dynamic steady state were randomly placed on the linear part of a 10-30 pN nm⁻¹ gradient and tracked for 14 in-simulation hours. **h**, Tracks from individual cells on the 10-30 pN nm⁻¹ gradient. The origin (0,0) is highlighted by a black '+'; *n*=350 cells. **i**, Angular displacements and forward migration indices of the cells depicted in **h**. Analysed by the Wilcoxon signed-rank test (two sided).

overlaps with the softer regions (Fig. 3c,d), we found that the majority of cells translocated away from stiffer areas in the first 12h of the simulation (Fig. 3e,f). This occurred despite the cells being less motile (that is, having lower RMC) on the softer substrate (Fig. 3d). On stiffness gradients, cellular protrusions (modules) displayed higher average traction on soft rather than on stiff regions (Supplementary Fig. 8a-c), and cells also preferentially turned towards the softer areas (Supplementary Fig. 8d). By altering the range of the gradient, such that the side associated with higher predicted traction was the stiffer one, durotaxis could be reversed and cells primarily clustered in the stiff regions (Supplementary Fig. 9). Finally, we replaced the repeating graded substrates with a continuous 10-30 pN nm⁻¹ stiffness gradient to study the tracks of individual cells in quantitative detail. Each cell was randomly placed on the linear region of the gradient (Fig. 3g) and tracked for 14 in-simulation hours (Fig. 3h). We confirmed that the majority of cells migrated towards the softer substrate, recapitulating the behaviour observed in U-251MGs in vitro (Fig. 3i).

We verified the generality of these principles by applying them to model axonal pathfinding in neuronal development and regeneration (Supplementary Figs. 10 and 11 and Supplementary Note 3). The tendency for *Xenopus* retinal ganglion cell axons to grow towards softer tissue, while possibly confounded by complex in vivo factors that correlate with stiffness—including collective effects based on differential axon growth rates—is still potentially analogous to the whole-cell negative durotaxis that we report²⁴. Neurite elongation and pathfinding via the actin-rich neuronal growth cone (GC) at the distal end of the axon involves the contractile filopodia of variable length and orientation (Supplementary Fig. 10a). Applying our model to individual filopodia (Supplementary Fig. 11a), we found that the protrusions elongated faster and generated more traction



Fig. 4 | Decreasing actomyosin contractility selectively inhibits negative durotaxis in U-251MG cells. a,b, Simulated traction forces (**a**) and actin retrograde flow rates (**b**) as a function of substrate stiffness for different pools of molecular motors. The grey arrows denote shifts in the local minima/ maxima on increasing motor numbers. Mean \pm s.e.m. of *n* = 10 cells. **c,d**, Immunofluorescence images (**c**) and quantification (**d**) depicting vinculin and levels of phosphorylated MLC2 in U-251MG cells after 48 h on 0.5-22.0 kPa gradients, with or without the ROCK inhibitor H-1152. Scale bar, 20 µm. Mean \pm s.d. of *n* = 83 (DMSO) and 42 (H-1152) cells, analysed by the Mann-Whitney test (two sided). Representative of two independent experiments. **e**, Representative regions of three 0.5-22.0 kPa stiffness gradients, 48 h after being seeded with U-251MG cells and supplemented with varying concentrations of H-1152. Scale bar, 500 µm. Interspaced with depictions of cell counts across the gradients. **f**, Relative cell densities in different parts of the gradients, overlaid with the binned data. Mean \pm s.e.m. of *n* = 35 (DMSO, low), 22 (DMSO, intermediate), 27 (DMSO, high), 39 (1µM H-1152, low), 26 (1µM H-1152, intermediate), 31 (1µM H-1152, high), 39 (5µM H-1152, low), 16 (5µM H-1152, intermediate) and 41 (5µM H-1152, high) ROIs per bin, from two gradient hydrogels per condition, representative of two independent experiments. Analysed by the Mann-Whitney test (two sided). **g**, Angular displacements and forward migration indices of individual U-251MG cells migrating in the stiffer (>10 kPa, top) and softer (<10 kPa, bottom) regions of 0.5-22.0 kPa gradients. *n* = 204 (DMSO, >10 kPa), 238 (DMSO, <10 kPa), 177 (H-1152, >10 kPa) and 327 (H-1152, <10 kPa) cells from one (DMSO) to two (H-1152) independent experiments. Analysed by the Wilcoxon signed-rank test (two sided).

on soft substrates (0.01–0.10 pN nm⁻¹) (Supplementary Figs. 10c–h and 11b). This was consistent both with earlier predictions of relatively low optimal stiffness for neurons^{18,39,40} and with our hypothesis that positive and negative durotaxis are governed by motor–clutch dynamics in concert with optimal stiffness. The results also suggested that gradient strength may further increase the propensity for negative durotaxis: GCs steered to more compliant regions on substrates with stronger gradients (reaching a maximum at ~10 pN nm⁻¹/20 μ m), but did not change direction on mild gradients (~0.1 pN nm⁻¹/20 μ m) or on substrates that were stiff overall compared with the optimum case (>1 pN nm⁻¹) (Supplementary Fig. 11c–e).

Inhibiting myosin contractility restricts negative durotaxis

The motor–clutch model of cell migration states that a cell's capacity to respond to substrate mechanics is intrinsically linked to its pool of available molecular motors, or actomyosin contractility, such that the partial inhibition of intracellular contractility would be expected to shift the cell's stiffness optimum up slightly²⁷. We confirmed this using our cell migration simulator (CMS) model and observed a threefold increase in the optimal substrate stiffness when motor numbers were gradually decreased, before the system stalled, stopping actin dynamics and cell migration on all but the stiffest substrates (Fig. 4a,b).

We sought to experimentally validate these observations by treating U-251MG cells with intermediate $(1 \mu M)$ and high $(5 \mu M)$ concentrations of Rho-associated kinase (ROCK) 1/2 inhibitor H-1152. Higher concentrations of the inhibitor significantly reduced intracellular contractility (MLC2 phosphorylation) and increased the formation of actin-enriched ruffles at the cell periphery, whereas mature vinculin-positive adhesions remained undetectable, similar to the control cells (Fig. 4c,d and Supplementary Fig. 12a). Importantly, H-1152 suppressed the characteristic negative durotaxis of U-251MGs and promoted localization to the stiffer regions of the 0.5-22.0 kPa gradients over time, in a dose-dependent manner (Fig. 4e,f). Live-cell imaging of the control and H-1152-treated U-251MGs further confirmed a shift in the durotaxis: although control cells initially located in stiffer areas (>10 kPa) migrated significantly more towards softer-substrate regions, the ROCK-inhibitor-treated cells lost their negative durotaxis and instead displayed a trend of positive durotaxis, with trajectories mainly towards stiffer substrates (Fig. 4g, Supplementary Fig. 12b and Supplementary Video 3). A similar effect was detected when U-251MGs were treated with intermediate concentrations (5µM) of myosin II inhibitor blebbistatin, whereas higher concentrations (25 µM) inhibited durotaxis (and possibly migration) altogether (Supplementary Fig. 12c,d). These modelling and experimental data indicate actomyosin contractility as a key determinant in tuning the cell durotactic behaviour.

Talin depletion can switch positive durotaxis to negative

Although U-251MGs and neurons exhibit biphasic traction forces in the physiological stiffness range, many adherent cell types do not^{11,19,41,42}. Rather, their traction increases as a function of substrate stiffness unless talin- and vinculin-mediated FA formation is disrupted, for example, by the depletion of both talin isoforms¹⁹ (Fig. 5a). Therefore, we hypothesized that targeting adhesion reinforcement can generate an intermediate stiffness optimum and enable negative durotaxis in cell types that normally undergo only positive durotaxis. To test this, we used short interfering RNAs (siRNAs) to reduce talin-1 and talin-2 expression in MDA-MB-231 cells that exert increasing traction with increasing substrate stiffness⁴² and undergo

Fig. 5 | Lowering stiffness optimum by blocking adhesion reinforcement shifts cells from positive to negative durotaxis. a, Schematic of the relationship between traction forces, substrate stiffness and talin-/vinculin-mediated 'clutch reinforcement'. Depletion of these clutch components forces some cell types back into a biphasic traction regime¹⁹. **b**, Representative western blot depicting talin-1 and talin-2 double knockdown in MDA-MB-231 cells. The same siRNA oligos have been used in the subsequent panels. c,d, Immunofluorescence images (c) and quantification (d) of FAs in MDA-MB-231s on a 60 kPa substrate without and after talin knockdown. Scale bar, 20 μm. Mean ± s.d. of n = 35 (siCTRL) and 32 (siTLN1+2) cells, analysed by the Mann-Whitney test (two sided). e, Distribution of FA sizes in control and talin-low cells. Histograms overlaid with probability density functions; the dashed lines indicate medians. Here n=1,844 (siCTRL) and 524 (siTLN1+2) adhesions from the 32-35 cells in d, analysed by the Kolmogorov-Smirnov (K-S) test (two sided). Representative of two independent experiments. **f-h**, Traction force analysis of control and talin-low MDA-MB-231s. Total force exerted by the cells as a function of substrate stiffness (f). Background, BG. Mean ± s.e.m. of n = 23 (siCTRL, 0.5 kPa), 22 (siCTRL, 2.0 kPa), 42 (siCTRL, 9.6 kPa), 55 (siCTRL, 22.0 kPa), 18 (siTLN1+2, 0.5 kPa), 27 (siTLN1+2, 2.0 kPa), 52 (siTLN1+2, 9.6 kPa) and 37 (siTLN1+2, 22.0 kPa) cells from three independent experiments. Traction maps from cells on 22 kPa substrate, representative of three independent experiments (g). The cell outlines are indicated by white dashed lines. Scale bar, 20 µm. h, Histograms of the 22 kPa data overlaid with probability density functions, with the dashed lines indicating medians. n = 55 (siCTRL) and 37 (siTLN1+2) cells from three independent experiments. Analysed by the Kolmogorov Smirnov test (two sided). i, Representative regions of two 0.5-22.0 kPa polyacrylamide stiffness gradients, 72 h after being seeded with MDA-MB-231 cells (indicated by nuclear staining) (left). Scale bar, 500 µm. Quantification of cells across the gradients (right). j, Relative cell densities in different parts of the gradients, overlaid with the binned data. Mean ± s.e.m. of n = 13 (siCTRL, low), 32 (siCTRL, intermediate), 74 (siCTRL, high), 49 (siTLN1+2, low), 141 (siTLN1+2, intermediate) and 38 (siTLN1+2, high) ROIs per bin, from one (siCTRL) or two (siTLN1+2) gradient gels, representative of three independent experiments. Analysed by the Mann-Whitney test (two sided).

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positive durotaxis in the 2-18 kPa range8. Talin knockdown (Fig. 5b and Supplementary Figs. 13a and 17) resulted in significantly fewer and smaller FAs (Fig. 5c-e and Supplementary Fig. 13b,c) and reduced traction on ~20 kPa substrates, where adhesion reinforcement is expected to counteract clutch dissociation by rapidly accumulating forces (Fig. 5f-h and Supplementary Fig. 14a). EdU incorporation increased from 0.5 to 9.6 kPa and plateaued thereafter, with and without talin silencing (Supplementary Fig. 14b,c). Although control MDA-MB-231s seeded on 0.5-22.0 kPa stiffness gradients migrated towards the stiffest regions available, talin-low MDA-MB-231s phenocopied the negative durotaxis observed in U-251MGs and predominantly clustered in regions of intermediate stiffness (Fig. 5i,j and Supplementary Fig. 13d,e). Thus, the familiar positive durotactic behaviour can be converted to negative durotaxis by manipulating the adhesive and contractile machinery of a cell to change its optimal stiffness.

Outlook

The concept of cells moving towards environments where they can exert more traction is intuitive, but has been previously understood in the context of a denser, stiffer ECM providing cells with more stable anchorage7. Our results demonstrate the additional capacity of individual cells to migrate towards softer environments, that is, negative durotaxis, which can be explained by a motor-clutch-based model. Cells that lack robust adhesion reinforcement, such as U-251MG glioma cells or talin-low MDA-MB-231 breast cancer cells, tend to exert maximal traction on substrates with intermediate stiffness, and migrate along gradients to reach this optimum by positive or negative durotaxis (Supplementary Fig. 15). The same mechanism is likely to contribute to the recently described neurite growth towards soft matrix²⁴. Together with other mechanosensitive cellular responses, such as increased proliferation or overall motility on mechanically distinct substrates^{29,43}, durotaxis can contribute to a variety of biological processes, including central nervous system development and cancer metastasis. Especially intriguing would be to test ovarian cancer cells that exhibit decreasing traction force with increasing substrate stiffness⁴³, suggesting the possibility of negative durotaxis over this stiffness range.

Besides directly reinforcing connections to a stiff matrix, mechanosensitive FA formation may promote positive durotaxis by additional mechanisms. Preferential trafficking of adhesion components towards existing FAs⁴⁴, local activation of mechanically gated ion channels⁴⁵ or other biochemical signalling pathways initiated at the FAs³⁵ may contribute to the further polarization of cell-matrix adhesion and consequently of the cellular traction forces. How these factors influence the stiffness optima on different substrates, and in different biological conditions, will be an interesting topic for future research. Taken together, our results point to a single, conserved mechanism for stiffness sensing and durotaxis across a broad range of cell types, with motor–clutch dynamics driving traction generation and choices between positive and negative durotaxis.

Online content

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Methods

Cell culture, reagents and transfections. U-251MG human glioblastoma cells were obtained from G. Y. Gillespie (The University of Alabama at Birmingham), authenticated using a short tandem repeat assay (University of Arizona Genetics Core) and cultured in Dulbecco's modified Eagle's medium (DMEM)/F-12 (Gibco, 11320-074) supplemented with 8% foetal bovine serum (Sigma, F7524). MDA-MB-231 human breast adenocarcinoma cells were purchased from American Type Culture Collection and authenticated using a short tandem repeat assay (Leibniz Institute DSMZ-German Collection of Microorganisms and Cell Cultures). U-2 OS human osteosarcoma cells were acquired from DSMZ. Both MDA-MB-231 and U-2 OS were cultured in high-glucose DMEM (Sigma, D5796-500ML) supplemented with 10% foetal bovine serum (Sigma, F7524), 2 mM L-glutamine (Sigma, G7513-100ML) and ×1 non-essential amino acids (Sigma, M7145-100 ML). The cells were tested for mycoplasma contamination and cultured at +37 °C, 5% CO₂ in a humidified incubator. ROCK1/2 inhibitor H-1152 was acquired from Calbiochem (Merck Millipore, 555550) and myosin II inhibitor (-)-blebbistatin was acquired from STEMCELL Technologies (72402).

For the transient downregulation of target proteins, the cells were transfected with the corresponding siRNAs at a 50 nM concentration per oligo. The transfections were conducted using Opti-MEM reduced serum medium (Thermo Fisher Scientific, 31985-047) and Lipofectamine RNAiMAX reagent (Thermo Fisher Scientific, 56532) according to the manufacturer's instructions. The siRNAs used were Hs_TLN1_3 FlexiTube siRNA (Qiagen, SI00086975), Hs_TLN1_2 FlexiTube siRNA (Qiagen, SI00086968), Hs_TLN2_3 FlexiTube siRNA (Qiagen, SI00109277), Dharmacon ON-TARGETplus Human TLN2 (83660) (Horizon Discovery, J-012909-05-0002) and AllStars Negative Control siRNA (Qiagen, 1027281). The silenced cells were grown for 24 (beginning of migration experiments) to 72h before they were used for experiments.

Antibodies. The following antibodies were used at the indicated dilutions: ms anti-paxillin (BD Biosciences, 612405, 1:200 for immunofluorescence (IF)), rbt anti-paxillin (Santa Cruz Biotechnology, sc-5574, 1:200 for IF), ms anti-vinculin (Sigma, V9131, 1:200 for IF, 1:1,000 for western blotting (WB)), ms anti-talin-1 (Novus, NBP2-50320, 1:1,000 for WB), ms anti-talin-2 (Novus, NBP2-50322, 1:1,000 for WB), ms anti-FAK (BD Biosciences, 610088, 1:1,000 for WB), rbt anti-p-FAK (Y397) (Cell Signaling Technology, 8556, 1:100 for IF, 1:1,000 for WB), rbt anti-MLC2 (Cell Signaling Technology, 3672, 1:1,000 for WB), rbt anti-p-MLC2 (T18/S19) (Cell Signaling Technology, 3674, 1:1,000 for WB), rbt anti-ERK1/2 (Cell Signaling Technology, 9102, 1:1,000 for WB), rbt anti-p-ERK1/2 (T202/Y204) (Cell Signaling Technology, 4370, 1:1,000 for WB), ms anti-YAP (Santa Cruz Biotechnology, sc-101199, 1:200 for IF), rbt anti-vimentin (Cell Signaling Technology, 5741, 1:1,000 for WB), ms anti-GAPDH (HyTest, MAb 6C5, 1:5,000 for WB), rbt anti-fibronectin (Sigma, F3648, 1:500 for IF), ms anti-active β 1-integrin (clone 12G10, in-house production, 5 µg ml⁻¹ for IF), rat anti-inactive β 1-integrin (clone Mab13, in-house production, 10µg ml⁻¹ for cell culture) and normal rat IgG2a kappa isotype control (eBioscience, 14-4321-85, 10µg ml-1 for cell culture).

Additionally, the following secondary antibodies were used for IF and immunoblots at the indicated dilutions: Alexa Fluor 488/568–conjugated secondary antibodies raised against mouse (Invitrogen, A21202 and A10037, 1:400 for IF) and rabbit (Invitrogen, A21206 and A10042, 1:400 for IF), IRDye 800CW donkey anti-mouse IgG (LI-COR Biosciences, 926-32212, 1:5,000 for WB), IRDye 800CW donkey anti-rabbit IgG (LI-COR Biosciences, 926-32213, 1:5,000 for WB) and IRDye 680LT donkey anti-mouse IgG (LI-COR Biosciences, 926-68022, 1:5,000 for WB).

EdU incorporation assay. To measure the rate of EdU incorporation into DNA, the cells were grown on hydrogels for 24 h, after which they were prepared into fluorescence microscopy samples using an EdU proliferation assay kit (Abcam, ab222421) according to the manufacturer's instructions. Briefly, the cells were supplemented with $20\,\mu$ M EdU for 2 h, fixed and permeabilized, and the EdU was stained with iFluor 647 azide via a copper-catalysed click reaction. The nuclei were counterstained before imaging (see below).

Blocking β 1-integrin function with antibodies. U-251MG cells were grown on 0.5 kPa and 60.0 kPa hydrogels for 24 h, after which they were treated with 10 µg ml⁻¹ of anti-inactive β 1-integrin (that is, function-blocking) clone Mab13 or normal rat isotype control for 2h (the list of antibodies provides further details). The cells were fixed and processed for IF imaging.

Cell migration on stiffness gradient substrates. For the analysis of cell migration on continuous 0.5–22.0 kPa stiffness gradients, 15,000 (MDA-MB-231)–20,000 (U-251MG) cells were seeded on a fibronectin-functionalized stiffness gradient hydrogel. An even distribution of cells in the beginning of the experiment was confirmed visually (via bright-field microscopy) and by recording the positions of individual nuclei along the gradient using SiR-DNA. The plate was returned to the incubator for 48 h (U-251MG) or 72 h (MDA-MB-231), after which the cells were fixed and the nuclei were revisualized with 4',6-diamidino-2-phenylindole (DAPI). Alternatively, 30,000 U-251MG cells were seeded on a stiffness gradient and left to

adhere for one hour. For inhibitor experiments, the culture was then supplemented with $1-5\mu$ M H-1152, $5-25\mu$ M blebbistatin or vehicle (dimethyl sulfoxide (DMSO)). Imaging was started two to three hours after seeding and time-lapse movies were acquired overnight at 15 min intervals. After the experiment was finished, the culture was fixed and prepared for IF imaging (vinculin and phosphorylated MLC2), as described below. Migration tracks from individual cells were analysed for angular displacements and forward migration indices (defined here as $\Delta y/$ total accumulated distance, where positive values correlate with migration towards the stiffer substrate).

For live-cell imaging of U-251MG migration on photoresponsive stiffness gradient hydrogels, 10,000 cells were seeded per dish and allowed to settle in the incubator for 30 min before imaging. Time-lapse movies were acquired at 20 or 30 min intervals for 45–60 h. The number of cells in the soft and stiff regions of the gel, in the beginning and end of the experiment, was quantified. Additionally, the movies were analysed for cells directly on top of a stiffness gradient. Such cells were tracked over time to investigate their bias for migrating towards either stiffness. Mitotic, dying or crowded cells were excluded from the analysis.

Western blotting. Cells on hydrogels were placed on ice, rinsed twice with ice-cold phosphate-buffered saline (PBS) and scraped into a lysis buffer (50 mM Tris-HCl (pH7.5), 150 mM NaCl, 1.0% sodium dodecyl sulfate (SDS), 0.5% Triton X-100, 5.0% glycerol, supplemented with protease (Roche, 05056489001) and phosphatase (Roche, 04906837001) inhibitors). The lysates were vortexed, placed on a heat block (+90 °C) for 10 min and sonicated before separation by SDS-polyacrylamide gel electrophoresis (4–20% Mini-PROTEAN TGX gels, Bio-Rad, 456-1096). Next, the proteins were transferred to nitrocellulose membranes and visualized using a 1% Ponceau S staining solution. The membranes were blocked with 5% skimmed milk in tris-buffered saline and 0.1% Tween 20 and incubated with the indicated primary antibodies overnight at +4°C, followed by fluorophore-conjugated secondary antibodies for 1–2 h at room temperature. All the antibodies were diluted in the StartingBlock blocking buffer (Thermo Fisher Scientific, 37538). Finally, the membranes were scanned using an Odyssey infrared imaging system (L1-COR Biosciences).

Conventional polyacrylamide hydrogels. Glass-bottom dishes (Cellvis, D35-14-1-N) were treated for 20 min at room temperature with 100 µl Bind-Silane solution-a mixture of 3-(trimethoxysilyl)propylmethacrylate (7.15% by volume, Sigma-Aldrich, M6514) and acetic acid (7.15% by volume) in absolute ethanol-to promote gel attachment to the glass surface. After Bind-Silane was aspirated, the glass was washed twice with ethanol and left to dry completely. For homogeneous (constant Young's modulus) hydrogels, predefined ratios of 40% (w/v) acrylamide (Sigma-Aldrich, A4058) and 2% (w/v) N,N-methyl-bis-acrylamide (Sigma-Aldrich, M1533) were mixed in PBS on ice and carefully vortexed. The final concentrations were adjusted to yield the desired Young's modulus (Supplementary Table 1). Gels that were indicated for traction force microscopy were supplemented with additional 0.2 µm yellow-green fluorescent (505/515) microspheres (~1.5×1010 ml-1 final concentration, Invitrogen, F8811), which were sonicated for 3 min before use. Polymerization was initiated by the addition of 10% ammonium persulfate (final 0.1% by volume, Bio-Rad) and N,N,N',N'-tetramethylethylenediamine (final 0.2% by volume, Sigma-Aldrich, T-9281) to the solution. Immediately afterwards, 13 µl solution was pipetted onto the glass-bottom dish and a 13 mm circular coverslip was placed on top of the droplet. After polymerization for ~1 h at room temperature, the gel was immersed in PBS for 5 min, the top coverslip was gently removed and the gel was washed twice with PBS to remove any excess acrylamide. Hydrogels with continuous two-dimensional stiffness gradients were fabricated, as described previously³¹. Briefly, 0.5 kPa and 22.0 kPa acrylamide prepolymer solutions were prepared and 0.1 µm fluorescent (505/515) microspheres (~ 1.2×10^{11} ml⁻¹ final concentration, Invitrogen, F8803) were added to the 22 kPa solution. After polymerization was initiated, the two solutions were allowed to diffuse together on a glass-bottom dish, under a glass coverslip, to yield a gradient wherein the microsphere density linearly correlates with the Young's modulus of the substrate.

Before use, the hydrogels were activated by a combination of 0.2 mg ml⁻¹ Sulfo-SANPAH (Thermo Fisher Scientific, 22589) and 2 mg ml⁻¹ N-(3-dimethylaminopropyl)-N'-ethylcarbodiimidehydrochloride (Sigma-Aldrich, 03450) in 50 mM 4-(2-hydroxyethyl)piperazine-1-ethanesulfonic acid. A total of 500 µl solution was added on top of the hydrogel and incubated for 30 min at room temperature, protected from light and subjected to gentle agitation. The gel and solution were then ultraviolet (UV) irradiated for 10 min (28–32 mW cm⁻²) to activate the Sulfo-SANPAH, and the plate was washed with PBS three times to remove any residual compounds. Finally, each hydrogel was functionalized by incubation in 10 µg ml⁻¹ fibronectin solution overnight at +4 °C.

Cells that were collected for protein lysates were cultured on commercial hydrogel-coated six-well plates (Matrigen, SW6-EC-0.5/SW6-EC-8/SW6-EC-50). These gels were similarly coated with 10 μ g ml $^{-1}$ of fibronectin before use.

Synthesis of o-NBbA. 2-Nitro-4-ethyl aniline (S2). Here p-ethyl aniline (5g, 41.3 mmol) was added dropwise to a cold solution of concentrated H_2SO_4 (30 ml) and stirred for 5 min. In a separate flask, 5.3 ml of 70% HNO₃ (82.6 mmol)

was mixed with an equal volume of $\rm H_2SO_4,$ and added dropwise to the reaction vessel, followed by 15 min stirring at 0 °C. Thin-layer chromatography (TLC) analysis (Hex:EtOAc, 2:1, v/v) indicated the complete conversion to the product. The reaction was quenched by pouring the mixture into 200 ml ice water. The resulting precipitate was filtered and washed with H₂O to yield compound **S2** (6.2 g, 90%).

¹H NMR (500 MHz, CDCl₃) δ ppm 1.099 (t, *J*=7.5 Hz, 3H), 2.612 (q, *J*=7.0 Hz, 2H), 5.558 (s, 2H), 6.804 (dd, *J*=8.0, 2.5 Hz, 1H), 7.041 (d, *J*=2.5 Hz, 1H), 7.095 (d, *J*=8.5 Hz, 1H)

 $^{13}\mathrm{C}$ NMR (100 MHz, DMSO-d6) 149.3411, 147.8646, 131.6051, 124.0586, 118.8417, 107.9194, 24.4890, 15.3093

HRMS (m/z): [M]⁺ calcd for [C₈H₁₀N₂O₂]⁺ 166.0737, found 166.0737.

4-Ethyl-3-nitrophenol (S3). Compound **S2** (6.2 g, 37.3 mmol) was suspended in a mixture of H_2SO_4 and H_2O (1:3, v/v, 25–50 ml) by sonication (if sonication did not yield a homogenous suspension, a few millilitres of tetrahydrofuran (THF) was used to dissolve solid **S2**, which was then added to the mixture of aqueous H_2SO_4). NaNO₂ (3.86 g, 56.0 mmol) dissolved in H_2O (2.5 ml) was slowly added to the reaction flask and stirred at room temperature for 1.5 h. In a separate flask, H_2SO_4 : H_2O (4:3, v/v, 75 ml) was added and heated to reflux. To the refluxing mixture, **S2** solution was added dropwise and stirred for 30 min. The mixture was quenched with ice water and extracted with EtOAc (3 × 75 ml). After drying the organic layer with Mg_2SO_4 , the solvent was removed in vacuo and the crude product was purified by silica-gel flash column chromatography (Hex:EtOAc, 2:1) to give **S3** (3.11 g, 50%) as a yellow oil.

¹H NMR (500 MHz, CDCl₃) δ ppm 1.249 (t, *J*=7.5Hz, 3H), 2.842 (q, *J*=8.5Hz, 2H), 7.030 (dd, *J*=8.5, 2.5Hz, 1H), 7.230 (d, *J*=8.5Hz, 1H), 7.383 (d, *J*=2.5Hz, 1H)

¹³C NMR (100 MHz, CDCl₃) 154.2470, 149.5150, 132.3914, 131.3014, 120.7326, 111.4436, 25.6617, 15.1987

HRMS (m/z): $[M - H]^-$ calcd for $[C_8H_8NO_3]^-$ 166.0510, found 166.0524.

tert-Butyl 2-(4-ethyl-3-nitrophenoxy)acetate (S4). Compound **S3** (3.11 g, 18.6 mmol) and tert-butyl 2-bromoacetate (4.35 g, 22.3 mmol) were dissolved in DMF (25 ml). Solid K_2CO_3 (5.14 g, 37.2 mmol) was added to the reaction flask and left to stir at +70 °C for 1.5h until TLC analysis (2:1 Hex:EtOAc, v/v) indicated the complete conversion to the product. The solvent was removed in vacuo and redissolved in 100 ml EtOAc. The organic layer was washed with saturated NH₄Cl (50 ml) and brine and then dried over Na₂SO₄. Solvent removal in vacuo afforded **S4** (4.97 g, 95%) as a yellow oil.

¹H NMR (500 MHz, CDCl₃) δ ppm 1.253 (t, *J*=7.5 Hz, 3H), 1.5 (s, 9H), 2.857 (q, *J*=7.5 Hz, 2H), 4.554 (s, 2H), 7.116 (dd, *J*=8.5, 2.5 Hz, 1H), 7.277 (d, *J*=8.5 Hz, 1H), 7.391 (d, *J*=3 Hz, 1H)

¹³C NMR (100 MHz, CDCl₃) 167.3932, 156.3652, 149.4567, 132.3149, 132.2128, 120.6270, 110.0036, 83.0951, 66.0518, 28.1809, 25.7638, 15.1222

HRMS (m/z): [M + Na]⁺ calcd for [$C_{14}H_{19}NO_5Na$]⁺ 304.1155, found 304.1160.

tert-Butyl 2-(4-(1-bromoethyl)-3-nitrophenoxy)acetate (S5). Compound S4 (4.97 g, 17.7 mmol), N-bromosuccinimide (3.8 g, 19.5 mmol) and benzoylperoxide (0.2 g, 1 mmol) were dissolved in CCl₄ (100 ml) and refluxed for 4 h. The reaction mixture was cooled to room temperature and washed with 0.1% NAHCO₃ (aq) and brine and then dried over Na₂SO₄. The solvent was removed in vacuo and the crude product was purified by silica-gel flash column chromatography (3:1 Hex:EtOAc, v/v) to afford S5 (5.7 g, 90%) as a yellow oil.

¹H NMR (500 MHz, CDCl₃) δ ppm 1.498 (s, 9H), 2.054 (d, *J*=7 Hz, 3H), 4.571 (s, 2H), 5.787 (q, *J*=7 Hz, 1H), 7.184 (dd, *J*=8.5, 3 Hz, 1H), 7.299 (d, *J*=2.5 Hz, 1H), 7.784 (d, *J*=9 Hz, 1H)

¹³C NMR (100 MHz, CDCl₃) 167.0028, 157.7588, 148.0010, 131.1486, 130.8123, 120.7031, 109.7326, 83.3722, 66.0153, 42.0634, 28.1845, 27.3715

HRMS (m/z): [M – Br]⁺ calcd for [C₁₄H₁₈NO₅]⁺ 280.1179, found 280.1163.

2-(4-(1-Bromoethyl)-3-nitrophenoxy)ethan-1-ol (S6). Compound **S5** (5.7 g, 15.9 mmol) was dissolved in 100 ml THF and cooled down to -78 °C. Diisobutylaluminium hydride (39.8 mmol) was added to the reaction flask and stirred at -78 °C for 20 min and then left to stir for an additional 2 h at 0 °C. TLC analysis (3:1 Hex:EtOAc, v/v) essentially indicated the complete conversion to the product. The reaction was quenched by slowly adding 30 ml H₂O to the mixture, followed by the addition of 5% HCl (aq) solution until the aqueous solution became acidic (pH ~4, as judged by pH paper). After vigorously mixing the biphasic mixture in a separatory funnel, the separated organic layer was washed with brine and then dried over Na₂SO₄. The solvent was removed in vacuo and the crude product was purified by silica-gel flash column chromatography to yield **S6** (3.23 g, 60%) as a yellow oil.

¹H NMR (500 MHz, CDCl₃) δ ppm 2.056 (d, *J*=5 Hz, 3H), 4.006 (dd, *J*=4.5, 4.5 Hz, 2H), 4.142 (dd, *J*=4, 4 Hz, 2H), 5.785 (q, *J*=7 Hz, 1H), 7.201 (dd, *J*=8.5, 2.5 Hz, 1H), 7.356 (d, *J*=2.5 Hz, 1H), 7.783 (d, *J*=8.5 Hz, 1H)

¹³C NMR (100 MHz, CDCl₃) 158.5634, 148.1515, 131.0462, 130.2806, 120.5139, 109.6535, 70.1749, 61.2504, 42.1290, 27.3423

HRMS (m/z): $[M - Br]^+$ calcd for $[C_{14}H_{18}NO_5]^+$ 210.0761, found 210.0761.

 $1\mathchar`left 1.2\mathchar`left 1.2\mathchar$

essentially indicated the complete conversion to the product. The product was extracted with EtOAc (3×50 ml). The organic layer was washed with brine and then dried over Na₂SO₄. The solvent was evaporated in vacuo and **S7** (2.0 g, 80%) was used for the next step without further purification.

¹H NMR (500 MHz, CDCl₃) δ ppm 1.540 (d, J = 6.4 Hz, 3H), 3.997 (dd, J = 4.6, 4.6 Hz, 2H), 4.120 (dd, J = 7.1, 7.1 Hz, 2H), 5.341 (q, J = 6.2 Hz, 1H), 7.201 (dd, J = 8.8, 2.8 Hz, 1H), 7.410 (d, J = 2.7 Hz, 1H), 7.734 (d, J = 8.8 Hz, 1H)

1-(4-(2-(Acryloyloxy)ethoxy)-2-nitrophenyl)ethyl acrylate (o-NBbA, S8). To a solution of **S7** (2.0 g, 8.88 mmol) and acryloyl chloride (26.6 mmol) in CH₂Cl₂ (75 ml), triethylamine (3.5 eq) was added and the mixture was stirred at room temperature for 24 h. The mixture was washed with H₂O and brine and then dried over Na₂SO₄. The solvent was evaporated in vacuo and the crude material was purified by silica-gel flash column chromatography (2.5:1 Hex:EtOAc, v/v) to yield **S8** (1.79 g, 60%) as a yellow oil.

¹H NMR (500 MHz, CDCl₃) δ ppm 1.653 (d, J=6.5 Hz, 3H), 4.253–4.272 (m, 2H), 4.517–4.536 (m, 2H), 5.849 (dd, J=16.5, 1.5 Hz, 1H), 5.87 (dd, J=16.5, 1.5 Hz, 1H), 6.135 (dd, J=33, 10.5 Hz, 1H), 6.135 (dd, J=10.5, 1.5 Hz, 1H), 6.333 (dd, J=6.5, 6.5 Hz, 1H), 6.425 (dd, J=38.5, 1.5 Hz, 1H), 6.425 (dd, J=4, 1 Hz, 1H), 7.181 (dd, J=8.5, 2.5 Hz, 1H), 7.471 (d, J=2.5 Hz, 1H), 7.547 (d, J=8.5 Hz, 1H)

¹³C NMR (100 MHz, DMSO-d6) 165.3601, 164.6091, 157.8246, 148.5720, 132.2687, 132.0463, 128.7689, 128.2840, 127.9741, 127.9522, 120.6063, 109.4215, 67.2670, 66.6545, 62.5167, 21.2189

HRMS (*m*/*z*): [M + Na]⁺ calcd for [C₁₆H₁₇NO₇Na]⁺ 358.0897, found 358.0888.

Fabrication of photoresponsive polyacrylamide hydrogels. Photoresponsive polyacrylamide gel substrates were prepared based on a previously reported method⁴⁶. Briefly, high Grid-500 glass-bottom dishes (Fischer, 50-305-810) were activated for gel attachment by sequential treatment with 0.1 M NaOH, 97% (3-aminoproyl)trimethoxysilane (Sigma-Aldrich, 281778) and 0.5% glutaraldehyde (Polysciences, 01909). A prepolymer mixture of 40% (w/v) acrylamide solution (25% by volume, Fisher, BP1402), 2% (w/v) bis-acrylamide solution (2.5% by volume, Fisher, BP1404), 50 mM o-nitrobenzyl bis-acrylate (in DMSO, 3.25% by volume), 1 M 4-(2-hydroxyethyl)piperazine-1-ethanesulfonic acid (pH7, 1% by volume, Sigma-Aldrich, H6147) solution, 71.7 mM acrylic acid N-hydroxysuccinimide ester (in DMSO, 4% by volume, Sigma-Aldrich, A8060) and H2O (63.25% by volume) was prepared. After degassing for 30 min, polymerization was initiated by adding 10% (w/v) ammonium persulfate (0.6% by volume, Bio-Rad, 161-0700) solution and N,N,N',N'-tetramethylethylenediamine (0.4% by volume, Fisher, BP150). Immediately after initiation, 200 µl gel solution was pipetted onto the activated glass culture dish and covered with a fibronectin-patterned glass coverslip face down (fabricated as described below). After 30 min of polymerization, PBS was added on the dish and the coverslip was removed. Finally, the gel was washed with PBS.

Preparation of one-dimensional fibronectin micropatterns. One-dimensional lines of fibronectin were created on the photoresponsive hydrogels following a microcontact printing method widely applied in the field of surface protein fabrication⁴⁷. Briefly, polydimethylsiloxane stamps fabricated by photolithography and containing topographical patterns (21 µm width, 40 µm spacing) were obtained from the M. Piel laboratory (Institut Curie) and used as received⁴⁸. The patterned side of the stamp was inked with 100 µg ml⁻¹ fibronectin (Sigma-Aldrich, F1141) for 1 h. After drying the stamp using a stream of air, the fibronectin-coated stamp was stamped onto a 12 mm no. 1.5 circular coverslip (Fisher, 12-545-80), rinsed with ethanol and treated with plasma (Harrick Plasma) for 60 s, and a 20 g weight was placed on top of the stamp. The fibronectin pattern was finally transferred to the gel surface by placing the coverslip face down on the prepolymer solution as described above, immediately on the initiation of polymerization.

Fabrication of steep stiffness gradients by controlled UV exposure. Stiffness patterns were fabricated on photoresponsive hydrogels using a Nikon ECLIPSE Ti-E epifluorescence microscope and Plan Fluor ×10/0.30 numerical aperture objective (Nikon), controlled by NIS-Elements AR 4.60 software (Nikon). The fibronectin-patterned photoresponsive gel was placed on the stage and using phase-contrast imaging, two regions were selected such that they were 'A' mm (A > 2) apart. A hypothetical line connecting the two regions ran perpendicularly across the fibronectin patterns (Supplementary Fig. 5a). The field diaphragm lever was then adjusted so that the diameter of the illuminated area on the substrate was 500 µm. Fluorescence imaging using a 395/25 nm light-emitting diode (315 mW) and DAPI filter set with light-emitting diode fluorescence illumination from a Spectra X light engine (Lumencor) was initiated, and a time-lapse movie of the two regions was captured at 0 s intervals for $(15 \times A)$ min, leaving the active shutter open during stage movement. This led to a 500 µm × 'A' mm region being photoirradiated to the extent that all the photolabile crosslinkers in the exposed region were cleaved. The process was repeated in the regions parallel to and 500 µm apart from the first irradiated area, resulting in a gel that had alternating, 500-µm-wide stiff (~15 kPa) and soft (~8 kPa) regions.

Stiffness characterization by bead indentation. The irradiation time-dependent change in the Young's modulus of the photoresponsive polyacrylamide gel was

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measured using a bead indentation method¹⁸ based on Hertzian indentation theory. A thick (>1 mm) hydrogel was created by pipetting 300 µl prepolymer solution onto an activated glass culture dish and covering it with a 25 mm no. 1.5 circular coverslip (Fisher, 12-545-102). After polymerization, the coverslip was removed in PBS and the gel was washed with additional PBS. A silica bead (Polysciences, 1 mm diameter) was placed on the gel after 200 nm crimson fluorospheres were first gravity settled on the gel surface to function as markers for measuring the bead contact area with epifluorescence microscopy. At each irradiation time point, the bead indentation depth (δ) was calculated from the bead radius (*R*) and contact radius (*r*) according to equation (1):

$$\delta = R - \sqrt{R^2 - r^2} \tag{1}$$

From this indentation depth, Young's modulus (*E*) was calculated using the Poisson ratio of the hydrogel (ν) and buoyancy-corrected bead force (*f*) according to the Hertz solution:

$$E = \frac{3\left(1 - v^2\right)f}{4R^{1/2}\delta^{3/2}}$$
(2)

For polyacrylamide gels, $\nu = 0.3-0.5$ (here $\nu = 0.3$ was used). The glass bead density was measured to be ~2,600 kg m⁻³.

Immunofluorescence staining. Samples were fixed for 10 min with warm 4% paraformaldehyde, followed by permeabilization and blocking for 20 min with 0.3% Triton X-100 in 10% horse serum (Gibco, 16050-122). Primary antibodies were diluted in 10% horse serum and the samples were incubated with the antibody overnight at +4 °C. Secondary antibodies were diluted in PBS and the samples were incubated with the antibody for 1–2 h at room temperature. Where indicated, the nuclei were counterstained using 5 μ g ml⁻¹ DAPI or 500 nM SiR-DNA (Spirochrome, SC007; for live cells) and filamentous actin using 200 nM SiR-actin (Spirochrome, SC001).

Fluorescence and bright-field microscopy. Most fluorescent specimens were imaged using a Marianas spinning disk confocal microscope with a Yokogawa CSU-W1 scanning unit, controlled by SlideBook 6 software (Intelligent Imaging Innovations). The objectives used were a $\times 20/0.8$ numerical aperture Plan-APOCHROMAT (ZEISS) and $\times 40/1.1$ W LD C-APOCHROMAT (ZEISS), and the images were acquired using an Orca Flash4.0 sCMOS camera (Hamamatsu Photonics). The two-dimensional stiffness gradient hydrogels with cells were imaged using a Nikon ECLIPSE Ti2-E wide-field microscope, controlled by NIS-Elements AR 5.11 software (Nikon). The objective used was a $\times 10/0.3$ CFI Plan Fluor objective (Nikon), and the images were acquired using an Orca Flash4.0 sCMOS camera (Hamamatsu Photonics) and 2×2 binning. For live-cell tracking on the same substrates, the samples were maintained in a stage-top humidified incubator at +37 °C/5% CO₂.

Live phase-contrast imaging of U-251MG cells on photoresponsive hydrogels was done using a Nikon ECLIPSE Ti-E microscope, controlled by NIS-Elements AR 4.60 software (Nikon). The objective used was a Plan Fluor ×10/0.30 numerical aperture objective (Nikon), and the images were acquired using an Andor Zyla 5.5 sCMOS camera (Andor Technology). The samples were maintained in a Bold Line stage-top humidified incubator (Okolab) at +37 °C/5% CO₂.

Traction force microscopy. To measure the tractions exerted by MDA-MB-231 cells on their substrate, polyacrylamide hydrogels of varying stiffnesses (fibronectin-functionalized and supplemented with fluorescent microbeads) were manufactured on glass-bottom dishes, as described above. The cells were seeded on the gels (5,000 cells per plate) approximately 24h after transfection with the indicated siRNAs, and grown for another 48 h before the experiment was conducted. For imaging the cells and beads, a Marianas spinning disk confocal microscope with a stage-top incubator unit (+37 °C/5% CO₂) was used. Bright-field images of single cells and fluorescence Z stacks of the beads embedded in the hydrogel were captured before and after cell detachment by the addition of 2% SDS.

The resulting data were analysed using a previously described implementation of Fourier-transform traction cytometry⁴⁹. First, the displacement fields were calculated using high-resolution subsampling and assuming no outward deformation of the substrate. Optimal L2 regularization was performed on the sets of images acquired from soft and stiff gels to determine the final regularization parameter $\lambda = 5 \times 10^{-6}$, which was then used for calculating all the subsequent traction fields. The background, or noise, of the measurements was estimated by analysing five empty (that is, no cells) fields of view per substrate stiffness.

Finite element analysis. To estimate the effective spring constant around the interface of a stepwise stiffness gradient, a finite element model using COMSOL Multiphysics v5.3 multibody dynamics module was utilized. Two three-dimensional blocks ($120 \times 60 \times 20 \,\mu$ m) were created and interfaced at x=0. Linear elastic material properties were prescribed to both blocks with Poisson's ratio of 0.4, density of 1,000 kg m⁻³ and Young's modulus of 1 and 10 kPa. A lateral 0.5 nN force was applied on a circular (1 µm radius) surface

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contact (Supplementary Fig. 7a). Fixed boundary conditions were applied to all the surfaces, except the top surface. The displacement field due to applied loads was computed on a model created using built-in automatic meshing routines (extra-fine mechanics-based mesh). These data were used to calculate the effective spring constant at the contact zone ($k_{\rm eff}$ = applied force/average displacement under the circular contact area). The location of the circular contact and direction of the force were varied, and effective spring constants were accordingly calculated (Supplementary Fig. 7b).

Computational modelling of single-cell migration and GC steering on stiffness

gradients. A previously described38 C++ version of the stochastic CMS was modified to account for spatial variations in substrate stiffness and compiled using the GNU Compiler Collection v.4.8. The detailed algorithms and equations governing the base CMS have been comprehensively described elsewhere²⁹. Briefly, the CMS uses Gillespie's stochastic simulation algorithm⁵⁰ to simulate an entire cell by connecting several motor-clutch modules to a central cell body and then balancing forces at the centre (Fig. 3a). Here the cells were simulated for 60 min to allow them to reach a dynamic steady state, after which each cell was randomly displaced to a 180 µm × 180 µm region on a substrate with repeating soft and stiff areas and connecting stiffness gradients (Fig. 3b). Cell positions and traction forces were recorded every second and used to calculate RMC and mean traction force per module. A custom MATLAB (v.R2018b) code was used to quantify the module forces on the soft and stiff substrates, and to track the displacement of individual cells, from gradients or soft regions, over time. All the CMS simulations were conducted at the Minnesota Supercomputing Institute. Supplementary Note 2 and Supplementary Table 2 provide additional details on the cellular-level model and its implementation.

The CMS was further modified to investigate filopodial and GC dynamics on substrate stiffness gradients. The filopodia were represented by individual CMS modules that were arranged around an initially semicircular GC. Each filopodia was allocated a set number of molecular clutches—the corresponding substrate clutches were randomly distributed and their spring constants linearly varied with position along the gradient. Supplementary Note 3 and Supplementary Table 3 present details of the GC model and corresponding simulations.

Image analysis. Images were analysed using ImageJ v.1.52p (National Institutes of Health) and CellProfiler v.2.2.0 (Broad Institute) software. For the analysis of YAP nuclear localization, a custom CellProfiler pipeline was used to segment the cells into nuclei (corresponding to the nuclear counterstain) and cytoplasm (a region of maximum 4 μ m around the nucleus, excluding parts outside the cell). The mean grey value in the nucleus was divided by the corresponding value in the cytoplasm. For the analysis of vinculin-positive adhesions in MDA-MB-231s, a semiautomatic ImageJ script was used: an individual confocal plane from the basal side of the cell was subjected to background removal (rolling ball) and thresholding to exclude the cytoplasmic signal and peripheral ruffles. The number and sizes of the remaining adhesions were recorded.

Statistics and reproducibility. Statistical analyses and plotting were performed using GraphPad Prism v.6.05 (GraphPad) and R v.3.5.1 (R Core Team) running on RStudio v.1.3.1073. Confidence intervals for the means were calculated using bias-corrected and accelerated bootstrap intervals from 10,000 resamples. Confidence intervals for binomial data were calculated using the Wilson score interval. Whenever data were deemed to follow a non-normal distribution (according to the Shapiro–Wilk normality test), analyses were conducted using non-parametric methods. The names and/or numbers of individual statistical tests, samples and data points are indicated in the figure legends. Unless otherwise noted, all the results are representative of three independent experiments and two-sided *p* values have been reported.

Reporting summary. Further information on research design is available in the Nature Research Reporting Summary linked to this article.

Data availability

The data supporting the findings of this study are available within the Article and its Supplementary Information. Other raw data generated during this study are available from the corresponding authors on request. Source data are provided with this paper.

Code availability

All code and scripts used in this study are available online (https://oddelab.umn. edu/ and via GitHub at https://github.com/cbcbcbcb123/Growth-Cone-Dynamics) and on request from the corresponding authors.

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M.L., M.D.D., J.I., D.J.O.: supervision. A.I., K.-Y.P., J.H., B.C., M.M., G.M.G., M.L.:
validation. A.I., K.-Y.P., J.H., B.C., G.A.S., T.J.L., G.M.G., F.X., M.L.: visualization.
A.I., K.-Y.P., J.H., B.C., G.M.G., M.L., M.D.D., J.I., D.J.O.: writing (original draft).
All authors: writing (review and editing).

Competing interests

The authors declare no competing interests.

Additional information

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Reporting Summary

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\boxtimes		For Bayesian analysis, information on the choice of priors and Markov chain Monte Carlo settings
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\ge		Estimates of effect sizes (e.g. Cohen's d, Pearson's r), indicating how they were calculated
		Our web collection on <u>statistics for biologists</u> contains articles on many of the points above.

Software and code

Policy information	about <u>availability of computer code</u>
Data collection	NIS-Elements AR 4.60, 5.11 SlideBook 6.0.18 COMSOL Multiphysics 5.3 GCC 4.8 MATLAB R2014b All custom code and scripts are available online (oddelab.umn.edu and GitHub, https://github.com/cbcbcbb123/Growth-Cone-Dynamics) or
Data analysis	on request from the corresponding authors. ImageJ/FIJI 1.52p MATLAB R2014b, R2018b CellProfiler 2.2.0 GraphPad Prism 6.05 RStudio 1.3.1073 running R 3.5.1 All custom code and scripts are available online (oddelab.umn.edu and GitHub, https://github.com/cbcbcbcb123/Growth-Cone-Dynamics) or on request from the corresponding authors.

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All manuscripts must include a <u>data availability statement</u>. This statement should provide the following information, where applicable:

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The data supporting the findings of this study are available within the article. Numerical and visual Source Data and Supplementary Data are provided with the paper. Other raw data generated during this study are available from the corresponding authors on request.

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Life sciences study design

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Behavioural & social sciences

Sample size	No statistical methods were used to pre-determine sample sizes, which were chosen based on our previous experience on stochastic computational modeling (e.g. Nat Commun. 2017 May 22;8:15313, Sci Adv. 2020 Mar 4;6(10):eaax1909) and in vitro work on cell adhesion and mechanobiology (e.g. Nat Commun. 2017 May 22;8:15313, J Cell Biol. 2017 Apr 3;216(4):1107-1121). For all statistical analyses, three biological replicates was chosen as a self-imposed minimum. The exact replication numbers, sample sizes and statistical methods are described in detail in the text.
Data exclusions	No data were excluded from the analyses.
Replication	All experiments were repeated successfully 2+ times to ensure reproducibility. Key results were reproduced 3+ times, using different batches of reagents and/or consumables (e.g. hydrogel substrates).
Randomization	For experiments conducted using cell lines (same clonal origin), there is no need to account for additional covariates and thus no randomization was used when allocating cells to treatment groups. For immunofluorescence analyses, several fields of view (or cells) were chosen at random and imaged at different locations within each sample.
Blinding	Researchers were unblinded for data analysis. The study did not employ visual stratification of samples to support its conclusions (e.g. evaluation of immunohistochemical stains), and quantitative image and data analyses were automated to minimize the risk of human bias.

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Materials & experimental systems

Methods

n/a	Involved in the study	n/a	Involved in the study
	Antibodies	\boxtimes	ChIP-seq
	Eukaryotic cell lines	\times	Flow cytometry
\boxtimes	Palaeontology and archaeology	\times	MRI-based neuroimaging
\boxtimes	Animals and other organisms		
\boxtimes	Human research participants		
\boxtimes	Clinical data		
\boxtimes	Dual use research of concern		

Antibodies

Antibodies used

Primary antibodies: anti-paxillin (BD Biosciences, 612405, mouse monoclonal [349], 1:200 for immunofluorescence (IF)), anti-paxillin (Santa Cruz Biotechnology, sc-5574, rabbit polyclonal, 1:200 for IF), anti-vinculin (Sigma, V9131, mouse monoclonal [hVIN-1], 1:200 for IF, 1:1000 for western blotting (WB)), anti-talin-1 (Novus Biologicals, NBP2-50320, mouse monoclonal [97H6], 1:1000 for WB), anti-talin-2 (Novus Biologicals, NBP2-50322, mouse monoclonal [68E7], 1:1000 for WB), anti-FAK (BD Biosciences, 610088, mouse monoclonal [77/FAK], 1:1000 for WB), anti-p-FAK (Y397) (Cell Signaling Technology, 8556, rabbit monoclonal [D20B1], 1:100 for IF,

1:1000 for WB), anti-MLC2 (Cell Signaling Technology, 3672, rabbit polyclonal, 1:1000 for WB), anti-p-MLC2 (T18/S19) (Cell Signaling Technology, 3674, rabbit polyclonal, 1:1000 for WB), anti-ERK1/2 (Cell Signaling Technology, 9102, rabbit polyclonal, 1:1000 for WB), anti-p-ERK1/2 (T202/Y204) (Cell Signaling Technology, 4370, rabbit monoclonal [D13.14.4E], 1:1000 for WB), anti-YAP (Santa Cruz Biotechnology, sc-101199, mouse monoclonal [63.7], 1:200 for IF), anti-vimentin (Cell Signaling Technology, 5741, rabbit monoclonal [D21H3], 1:1000 for WB), anti-GAPDH (HyTest, MAb 6C5, mouse monoclonal [6C5], 1:5000 for WB), anti-fibronectin (Sigma, F3648, rabbit polyclonal, 1:500 for IF), anti-active β1-integrin (mouse monoclonal [12G10], in-house production, 5 μg/ml for IF), anti-inactive β1-integrin (rat monoclonal [Mab13], in-house production, 10 μg/ml for cell culture), and normal IgG2a kappa isotype control (eBioscience, 14-4321-85, rat monoclonal [eBR2a], 10 μg/ml for cell culture).

Secondary antibodies: Alexa Fluor 488/568-conjugated secondary antibodies raised against mouse (Invitrogen, A21202 and A10037, 1:400 for IF) and rabbit (Invitrogen, A21206 and A10042, 1:400 for IF), IRDye 800CW donkey anti-mouse IgG (LI-COR Biosciences, 926-32212, 1:5000 for WB), IRDye 800CW donkey anti-rabbit IgG (LI-COR Biosciences, 926-32213, 1:5000 for WB), and IRDye 680LT donkey anti-mouse IgG (LI-COR Biosciences, 926-68022, 1:5000 for WB).

Validation

All antibodies were used on cells of human origin. The specificity of the β1-integrin-targeting hybridoma antibodies was validated previously using integrin activity-modulating cations: Georgiadou et al. 2017, doi: 10.1083/jcb.201609066. The following phosphorylation-specific antibodies have been validated in previous studies using specific kinase inhibitors: p-FAK (Y397), Alanko et al. 2015, doi: 10.1038/ncb3250; p-ERK1/2 (T202/Y204), Al-Akhrass et al. 2021, doi: 10.1038/s41388-020-01604-5.

Additional validation statements regarding primary antibody reactivity and applications are available on the manufacturers' websites: anti-paxillin, for IF, https://www.bdbiosciences.com/en-us; anti-paxillin, for IF, https://www.scbt.com/home; anti-vinculin, for IF and WB, https://www.sigmaaldrich.com/; anti-talin-1/2, for WB, https://www.novusbio.com/; anti-FAK, for WB, https:// www.bdbiosciences.com/en-us; anti-MLC2, for WB, https://www.cellsignal.com/; anti-p-MLC2, for WB, https://www.cellsignal.com/; anti-ERK1/2, for WB, https://www.cellsignal.com/; anti-YAP, for IF, https://www.scbt.com/home; anti-vinculin, for WB, https:// www.cellsignal.com/; anti-FAK, for WB, https:// www.cellsignal.com/; anti-YAP, for IF, https://www.scbt.com/home; anti-vinculin, for WB, https:// www.cellsignal.com/; anti-YAP, for IF, https://www.scbt.com/home; anti-vinculin, for WB, https:// www.cellsignal.com/; anti-FAK, for WB, https:// www.cellsignal.com/; anti-YAP, for IF, https://www.scbt.com/home; anti-vinculin, for WB, https:// www.cellsignal.com/; anti-FAK, for WB, https:// www.cellsignal.com/; anti-YAP, for IF, https://www.scbt.com/home; anti-vinculin, for WB, https:// www.cellsignal.com/; anti-FAK, for WB, https:// www.cellsignal.com/; anti-YAP, for IF, https://www.scbt.com/home; anti-vinculin, for WB, https:// www.cellsignal.com/; anti-FAK, for WB, https:// www.scbt.com/home; anti-vinculin, for WB, https:// www.scbt.com/home; anti-fibronectin, for IF, https://www.sigmaaldrich.com/.

Eukaryotic cell lines

Policy information about <u>cell lines</u>			
Cell line source(s)	U-251MG human glioblastoma cells were obtained from Dr. G. Yancey Gillespie (U. Alabama-Birmingham) (originally from American Type Culture Collection, ATCC). MDA-MB-231 human breast adenocarcinoma cells were purchased from ATCC and U-2 OS human osteosarcoma cells were acquired from German Collection of Microorganisms and Cell Cultures (DSMZ).		
Authentication	U-251MG and MDA-MB-231 were authenticated using short tandem repeat assays (at the University of Arizona Genetics Core and DSMZ, respectively). The U-2 OS cells were not authenticated for this study.		
Mycoplasma contamination	All cell lines were confirmed negative for mycoplasma on a regular basis.		
Commonly misidentified lines (See <u>ICLAC</u> register)	No commonly misidentified cell lines were used in the study.		