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Reduced graphene oxide functionalized nanofibrous silk fibroin matrices for engineering excitable tissues

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Abstract

Tissue engineering has provided an alternative strategy for the regeneration of functional tissues for drug screening and disease intervention. The central challenge in the development of mature and functional excitable tissues is to design and construct advanced conductive biomaterials that can guide cells to form electrically interconnected networks. The objective of this study was to develop reduced graphene oxide modified silk nanofibrous biomaterials with controllable surface deposition on the nanoscale. A vacuum filtration system was applied to attain reduced graphene oxide nanolayer deposition. The results demonstrate that with this method, a uniform and compact reduced graphene oxide nanolayer was formed, and the conductivity and nanofibrous morphology of the materials was well controlled. The composite nanofibrous scaffolds were applied for the engineering of cardiac tissues and demonstrated a great ability to promote tissue formation and functions, including the expression of cardiac-specific proteins, the formation of sarcomeric structures and gap junctions, and tissue contraction. External electrical stimulation further enhanced the maturation level of cardiac tissues cultured on these conductive scaffolds. All these results demonstrated the great potential of reduced graphene oxide functionalized silk biomaterials fabricated using our method for recapitulating electrical microenvironments for the regeneration of functional excitable tissues.

Introduction

Tissue engineering has emerged as a promising approach to repair or replace the functions of diseased or damaged tissues/organs. The essential strategy of tissue engineering is to closely recapitulate the microenvironmental cues in vitro so that the regenerated tissues are sufficiently mature and functional for clinical applications[1–3]. In the case of excitable tissues (e.g., cardiac and nerve tissues), the central challenge is to construct the electrical microenvironment in order to realize the biomimetic transmission of electrical signals[4–6]. The development of advanced conductive networks has been demonstrated to be an effective approach to enhance tissue functionality during culture in vitro and avoid any symptoms due to the lack of electrical coupling with host tissues postimplantation in vivo[7–9]. Conductive additives, such as carbon nanotubes, gold nanowires, and polyaniline, have been incorporated by mixing into biocompatible scaffolds in the form of bulk hydrogels, microporous materials, and nanofibers to enhance scaffold conductivity[10,11]. However, such strategies generally require the utilization of a large amount of additives to reach their percolation threshold in order to form electrically conductive paths[12,13], which may cause negative effects on the biocompatibility and mechanical properties of the scaffolds[14,15]. Therefore, there is a pressing demand for highly conductive additives and a suitable fabrication

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method to construct composite biomaterials with the desired electrical conductivity while using the least amount of additives to be more favorable for the regeneration of excitable tissues.

Graphene-based nanomaterials, including graphene, graphene oxide (GO) and reduced graphene oxide (rGO), have attracted increasing attention because of their excellent conductivity[16,17], making them promising candidates for fabricating highly conductive composite biomaterials in a low concentration[18,19]. Recent studies have also revealed that the direct absorption of GO onto biomaterials enabled the realization of high conductivity with the extremely low mass of GO[20-22]. In these studies, microscaled fibrous matrices (4–170 μm) were employed as substrates, whose high porosities and large surface areas allowed GO platelets to fully infiltrate into pores and absorb onto fiber surfaces to form an intact and conductive GO nanolayer. However, there are several limitations in this passive absorption method. For instance, it is difficult to achieve precise control over the amount of GO that is absorbed and thus over the material conductivity. Additionally, it is difficult to further increase the material conductivity once it reaches the absorption saturation. Moreover, when the fiber diameter varies from the microscale to the nanoscale, which is more favorable for tissue regeneration, attributed to its biomimicking of structural cues, the passive absorption ability of GO was found to be significantly weakened, and resulted in a nonuniform GO layer and fibrous morphology[23].

To address these challenges, we developed a simple system and accomplished the deposition of nanolayered GO onto nanofibrous biomaterials in a controllable manner. In this work, silk fibroin, which is a natural protein that has widespread biomedical applications in various formats due to its excellent biocompatibility and mechanical properties[24], was selected to fabricate the nanofibrous substrates via electrospinning. GO was uniformly and tightly deposited atop silk substrates, facilitated by vacuum filtration. In addition, silk fibroin possesses excellent chemical stability, which can endure the reduction treatment of rGO. The GO/silk composites were further reduced to rGO/silk to enhance the conductivity and stability of the rGO/silk composites. This method demonstrated a great ability to fabricate GO and rGO-functionalized nanofibrous biomaterials with a well-controlled layer thickness, conductivity and nanofibrous morphology using isotropic or anisotropic substrates. Herein, we applied these rGO functionalized silk electrospun scaffolds for the engineering of cardiac tissues, which is a typical and intensively studied excitable tissue. The effects of the rGO coating on regulating cardiac tissue formation, morphology and functions with or without the application of external electrical stimulation were

evaluated by comparing the results to those of electrospun silk controls. The synergistic effect of the scaffold conductivity and electrical stimulation was stressed to achieve a spontaneous beating capacity in the engineered cardiac tissues.

Materials and methods

Electrospun Bombyx mori silk fibroin nanofibrous scaffolds

B. mori silk fibroin solutions were prepared for electrospinning using a well-established protocol by mixing an 8% (w w^{-1}) silk solution with a 5% (w v^{-1}) poly (ethylene oxide) (PEO, 900,000 MW, Sigma-Aldrich, St. Louis, MO) solution at a value ratio of 4:1 and then stirring gently for 15 min. This solution was loaded into a 10 mL syringe (inside diameter ~1.45 cm) fitted with a 12 G spinneret and was then pumped at 0.8 (mL h^{-1}). The voltage was adjusted to 10 kV to obtain a stable jet. For the random groups, a static platform collector (round-shaped, diameter 15 cm) was used, and for the aligned groups, a high-speed rotating (1000 rpm) disc collector (diameter 20 cm, width 2.5 cm) was used. The distance between the spinneret tip and the collector was 15 cm, and the temperature and humidity were maintained at 30 ° C and 30%, respectively. The as-spun electrospun scaffolds were immersed in methanol for 15 min to induce a β-sheet conformational transition and were then air-dried. The PEO was removed by leaching in Milli-Q water for 72 h.

GO vacuum filtration and reductive treatment

GO was synthesized from natural graphite powder (diameter <20 μm, Sigma-Aldrich, St. Louis, MO) by a modified version of Hummers' method[25]. GO solutions with a volume of 10 mL at concentrations of 0.01 (mg ml^{-1}), 0.02 (mg ml^{-1}), 0.04 (mg ml^{-1}), and 0.08 (mg ml^{-1}) were utilized and poured onto the electrospun silk mat fitted in the Buchner funnel of a suction flask (5 cm diameter) to fabricate the GO/silk materials, achieving GO coating densities of ~0.005 (mg cm^{-2}), 0.01 (mg cm^{-2}), 0.02 (mg cm^{-2}), and 0.04 (mg cm^{-2}), respectively. After the filtration process, the composites were removed from the funnel and air-dried. For GO paper fabrication, a 10-mL GO solution at a concentration of 4 (mg ml^{-1}) was vacuum filtrated through a nitrocellulose filtration membrane (diameter 6 cm, pore size 0.22 μm, JINTENG, China), and air-dried after the filtration membrane was peeled off. The GO/silk materials and GO papers were then immersed in a 1% (w v^{-1}) ascorbic acid (Sigma-Aldrich, St. Louis, MO) solution at 95 °C for 60 min to obtain rGO/silk materials and rGO paper. The rGO/silk materials and rGO paper were rinsed with Milli-Q water three times to remove the ascorbic acid. The randomly oriented silk and rGO/silk scaffolds were named silk$_R$, (rGO/silk)$_{1-R}$, (rGO/silk)$_{2-R}$, (rGO/silk)$_{3-R}$,

and (rGO/silk)$_{4-R}$, and the aligned groups were named silk$_A$, (rGO/silk)$_{1-A}$, (rGO/silk)$_{2-A}$, (rGO/silk)$_{3-A}$, and (rGO/silk)$_{4-A}$.

Material characterizations

Biomaterial morphologies were examined by field emission scanning electron microscopy (FSEM, Quanta 250FEG, FEI, Hillsboro, OR) after Au coating. The distributions of the fiber alignment and diameter were each obtained from measurements of 500 fibers, and the thickness of the rGO coating was obtained from measurements at 50 points. The surface topography and roughness of the materials were characterized by a 3D laser-measuring microscope (LEXT OLS4000, Olympus, Japan). The average roughness was calculated from measurements of 10 regions at ×2000 magnification. The Raman spectra of the rGO/silk materials were determined using a Raman spectrometer (2208823NE, HORIBA, Japan) with a laser wavelength of 633 nm and a resolution of 0.47 cm. Five locations in each group were measured to determine the average Raman spectra. The mechanical testing of the rGO/silk materials was conducted by using a Universal Testing Machine (criterion model 43, MTS, Eden Prairie, MN) with a 50 N load cell and a 10 (mm min^{-1}) crosshead speed for wet conditions. The samples were prepared as rectangular-shaped specimens (4 mm × 12 mm); at least 5 specimens from each group were tested to obtain tensile stress-strain curves. Electrical conductivity characterization was performed by a four-probe resistance meter to measure the surface resistance of each group (5 mm × 10 mm rectangular specimens, at least three specimens from each group) before and after 10 repetitions of 20% stretching. The surface hydrophilicity/hydrophobicity was measured using a contact angle meter (SL200C1, KINO, Boston, MA) by photographing the contact angle at different times after the deposition of a 3-μL water droplet.

Cell culture

Cardiomyocytes were isolated from neonatal rats using a well-established protocol. All procedures were approved by the Xi'an Jiaotong University committee on the ethical use of animals. Briefly, cardiomyocytes from neonatal rats were isolated and digested into suspended cells. After a 2 h differential attachment, the supernatant with suspended cardiomyocytes was combined with a 5-Br-du (Sigma-Aldrich, St. Louis, MO) solution at a concentration of 0.1 mM to inhibit the proliferation of cardiac fibroblasts. After 2 days of culture, the rGO/silk materials were cut into round shapes (diameter of 1 cm), sterilized with 75% ethyl alcohol, and washed three times by PBS. The cardiomyocytes were seeded on rGO/silk materials in 48-well plates with ~10^5 cells in each well. 5-Br-du was added in every exchange of the culture medium.

Cell assays

The viability of cardiomyocytes on the tested materials was evaluated using a Live/Dead Viability Kit (Invitrogen, Carlsbad, CA) and fluorescence microscopy (IX2-UCB, OLYMPUS, Japan). For F-actin staining, FITC-phalloidin (Sigma-Aldrich, St. Louis, MO) was used. For immunofluorescence staining, primary antibodies including mouse anti-α-actinin (Abcam, Cambridge, MA), mouse anti-cTnI (Abcam, Cambridge, MA), and rabbit anti-Cx-43 (Cell Signaling Technology, Danvers, MA) were used with secondary antibodies including 488 nm goat anti-mouse lgG (Jackson, Sacramento, CA) and 594 nm goat anti-rabbit lgG (Jackson, Sacramento, CA). After staining the nuclei with DAPI (Thermo Scientific, Waltham, MA), images were acquired using a confocal laser-scanning microscope (FV1200, OLYMPUS, Japan). For SEM observation of cardiomyocytes, fixed rGO/silk materials were dehydrated using an ethyl alcohol solution and then were vacuum-dried. The cell alignment was analyzed from the staining of nucleus, which was estimated using the semiautomated "binarization-based extraction of alignment score" method, as has been described previously[26]. Briefly, threshold images were analyzed using a simple optimization scheme to identify the likelihood of cells possessing a dominant axis in directions ranging from 0° to 180°. The von Mises distributions were normalized. The nuclear aspect ratio was measured using ImageJ (1.48, NIH, Bethesda, MD) using an Orientation J plugin. The measurements of the protein expression area were determined by counting the pixels above the brightness threshold in the images using ImageJ.

Real-time PCR

An RNeasy Mini Kit (Qiagen, Germany) was used to extract the total RNA in the cultured cells following the instructions. The total concentration of RNA extracted was determined using a spectrophotometer (Nanodrop 2000, Thermo Scientific, Waltham, MA) at an optical density (OD) of 260 nm. The reverse transcription reactions were then performed with 50 ng of total RNA using a high capacity cDNA archive kit (Applied Biosystems, Foster City, CA) following the instructions. The customized TaqMan probe-based gene expression of the rat cardiac-specific genes α-actinin (Actn2, Rn01470228_m1), cTnI (Tnni3, Rn00437164_m1), and Cx-43 (Gja1, Rn01433957_m1) (Thermo Scientific, Waltham, MA) and a gene expression master mix (Thermo Scientific, Waltham, MA) were used for the real-time RT-PCR reactions. These reactions were processed using an ABI 7500 Fast Sequence Detection System (Applied Biosystems, Foster City, CA). The expression level of the target genes was normalized to that of

glyceraldehyde-3-phosphate dehydrogenase (GAPDH, Rn01775763_g1, Thermo Scientific, Waltham, MA) using the $2^{-\Delta\Delta Ct}$ formula. Each sample was analyzed in triplicate.

Electrical stimulation

The designed covers for 100 mm Petri dishes were made from organic glass for the electrical stimulation of the samples. The covers had two parallel carbon electrodes (1 cm distance) anchored on two raised platforms on their inner surfaces. A platinum wire threaded through a hole (diameter of 1 mm) in the Petri dish cover connected the carbon electrodes to an electrostimulator (Master 8, AMPI, New Ulm, MN) outside of the Petri dish. A PDMS mold with rectangular wells (6 mm × 18 mm, depth 6 mm) was produced to seed cardiomyocytes on the rectangular samples (5 mm × 16 mm) for electrical stimulation. A 5-mM 1,10-dioctadecyl-3,3,30,30-tetra-methylindo-car-bocyanine perchlorate (Dil, Sigma-Aldrich, St. Louis, MO) solution was used to label the cardiomyocytes by incubating them at 37 °C for 15 min followed by centrifugation at 800 rpm for 5 min. After being re-suspended in prewarmed (37 °C) growth medium, the cardiomyocytes were seeded onto samples with $\sim 2 \times 10^5$ cells in each well. After three days of culture, samples were moved to the aforementioned Petri dishes, and electrical pulses (1 Hz, 5 (V cm^{-1})) were applied for 4 days by an electrostimulator. The beating of the cardiomyocytes was observed and recorded using a fluorescence microscope. The contractile rate and intensity were analyzed by comparing each video frame to those obtained during cell resting to track periodic image changes induced by cardiomyocyte beating.

Statistical analysis

The data are expressed as the mean values ± standard deviations. Statistical comparisons were performed using one-way ANOVA and Tukey's post hoc test using Ori-ginPro 9 (OriginLab, Northampton, MA). A significant difference is defined as *$p < 0.05$, **$p < 0.01$, ***$p < 0.001$.
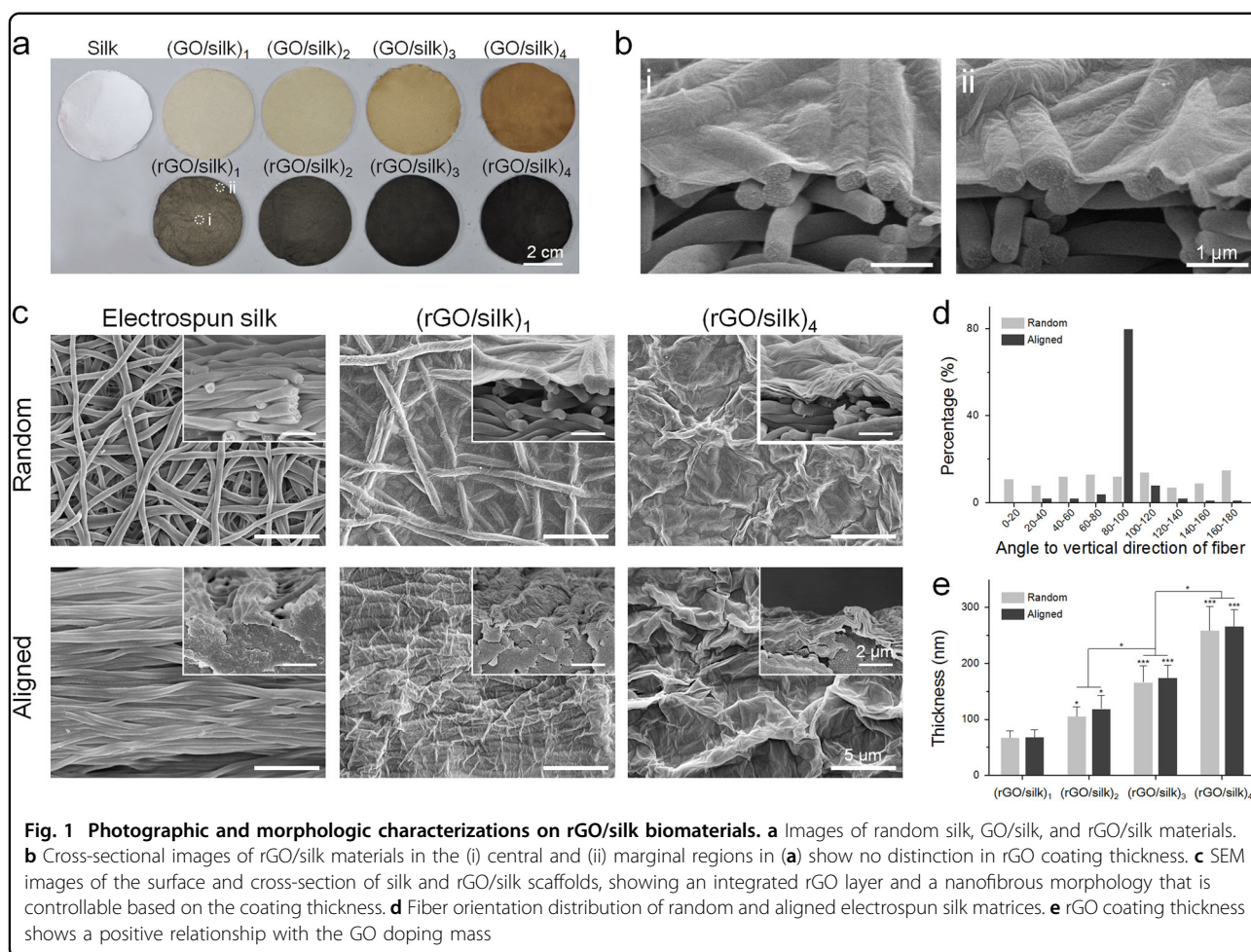
Results and discussion

To achieve uniform coatings of GO and rGO on the surface of the silk matrices, we developed a simple vacuum filtration method. With this method, we prepared a series of rGO/silk hybrid conductive biomaterials with a total GO mass of 0.1–0.8 mg using isotropic and anisotropic nanofibrous silk substrates (Supplementary Figure S1). The surface color of a silk matrix changes from white to brown upon the deposition of GO and then to black after the reduction treatment (Fig. 1a). The central and marginal regions of an rGO layer show no significant difference in the coating morphology and thickness (Fig. 1b). This uniformity of the rGO coating is also reflected by the surface color evenness of both the GO/silk and rGO/silk materials (Fig. 1a). The SEM images of rGO/silk biomaterials further confirm the uniformity of the rGO layer (Fig. 1c), regardless of the nanofiber orientations (Fig. 1d).

The thickness of the rGO layer is correlated to the GO mass (mean value of 67 nm, 105 nm, 166 nm, and 259 nm for (rGO/silk)$_{1-R}$, (rGO/silk)$_{2-R}$, (rGO/silk)$_{3-R}$, and (rGO/silk)$_{4-R}$, respectively), which is independent of the nanofiber orientation (Fig. 1e). These results suggest that the rGO coating thickness can be precisely controlled. Moreover, the SEM images of the rGO/silk biomaterials (inserts of Fig. 1c and Supplementary Figure S2) show that the rGO is assembled in a layer-by-layer manner and tightly deposited onto the silk mats, which could be attributable to the strong suction force of the vacuum filtration.

An additional challenge is preserving the nanofibrous surface morphology of the silk mats. From the SEM images, we observed that the nanofibrous morphology of the rGO/silk materials gradually blurs with increasing rGO coating thickness (Fig. 1c and Supplementary Figure S2). To further study the maintenance of the nanofibrous morphology in rGO/silk composites, a 3D laser-measuring microscope was employed to characterize the 3D topology and surface roughness of the scaffolds, which could indicate the quantity of the surface nanostructures. The roughness of the silk mats is measured to be ~0.36 μm, and gradually decreases for both the random (mean value from 0.34 μm to 0.22 μm) and aligned (mean value from 0.38 μm to 0.21 μm) rGO/silk groups with increasing coating thickness (Fig. 2a–e and Supplementary Figure S3). In comparison with the rGO/silk materials, the rGO paper has a much lower roughness (0.10 ± 0.02 μm) due to the absence of surface nanostructures (Fig. 2d, e); thus, this scaffold lacks structural guidance for cell spreading and tissue organization. These results suggest the necessity of accurately controlling the thickness of the rGO layer since a thicker rGO layer will compromise the nanostructure of the underlying silk mat. Therefore, the vacuum-facilitated fabrication method enables the functionalization of a nanofibrous silk matrix with an rGO nanocoating while maintaining the matrix morphology and demonstrates superior ability in controlling the uniformity and thickness of the GO and rGO coatings to that of passive GO absorption methods[23].

Raman spectrometry was utilized to examine the existence of rGO layers. The characteristic band of the β-sheet at ~1670 cm^{-1} (amide I) is clearly observed for the silk mat (Fig. 2f). The characteristic silk bands completely disappear after rGO coating, suggesting that an intact rGO layer is coated on the surface of the silk mats. In the Raman spectra of the rGO/silk composites, the bands at ~1320 cm^{-1} and 1580 cm^{-1} correspond to the

Fig. 1 Photographic and morphologic characterizations on rGO/silk biomaterials. a Images of random silk, GO/silk, and rGO/silk materials. **b** Cross-sectional images of rGO/silk materials in the (i) central and (ii) marginal regions in (**a**) show no distinction in rGO coating thickness. **c** SEM images of the surface and cross-section of silk and rGO/silk scaffolds, showing an integrated rGO layer and a nanofibrous morphology that is controllable based on the coating thickness. **d** Fiber orientation distribution of random and aligned electrospun silk matrices. **e** rGO coating thickness shows a positive relationship with the GO doping mass
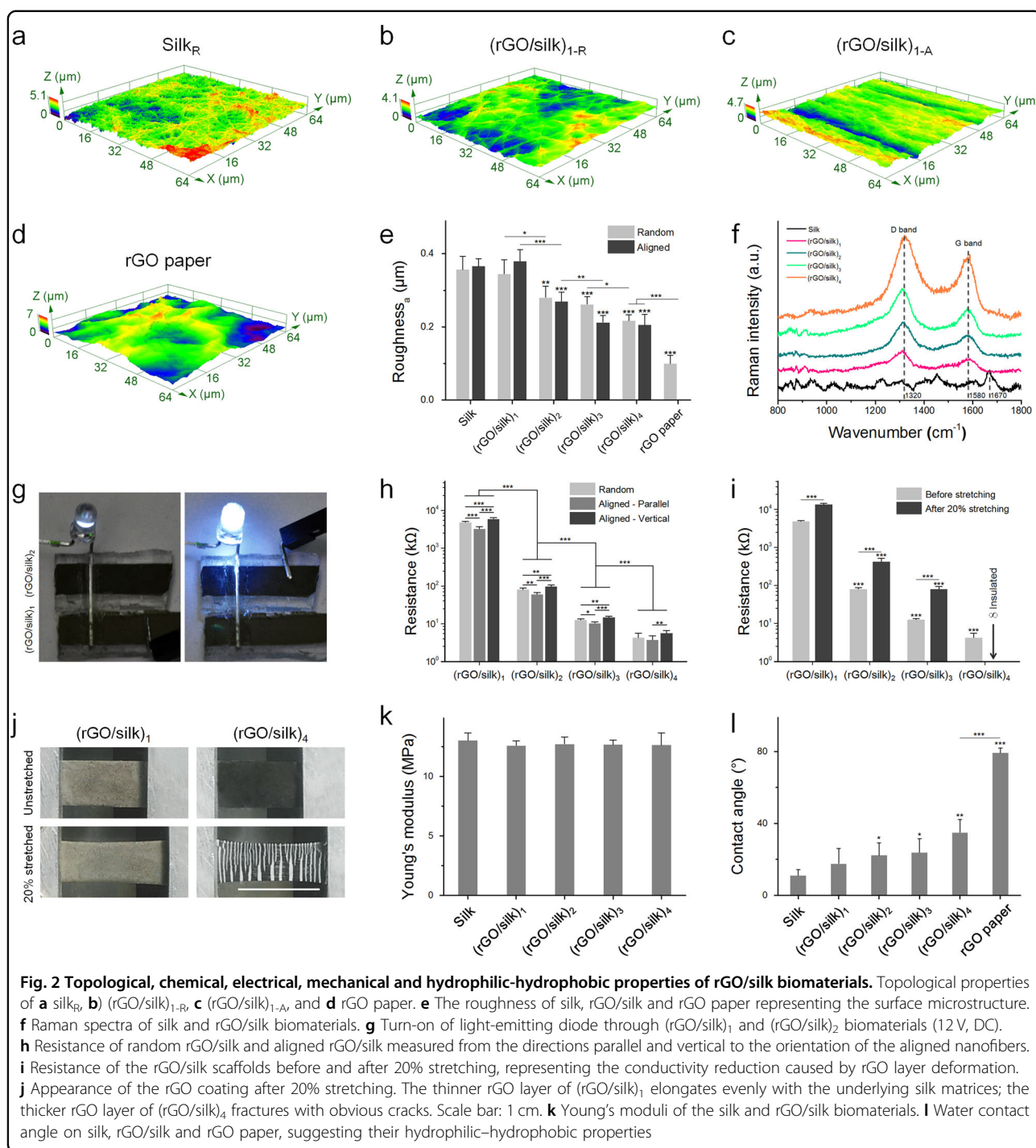
D and G modes of rGO, respectively. We observed that the intensity ratio of the D band to the G band is significantly higher for all the rGO/silk materials (1.43–1.66, Fig. 2f) than for the GO paper (0.88, Supplementary Figure S4), indicating the reduction of the rGO layer[27]. Moreover, the increased rGO band intensity is correlated to the increase in the rGO coating thickness.

The excellent conductivity of rGO/silk endowed by an rGO coating was further confirmed by a light-emitting diode (LED) reflection assay, as the two groups with thinner rGO coatings can light the LED with varying luminosities (Fig. 2g). The conductivity of the random rGO/silk composites increases with increasing rGO coating thickness (mean resistance of 4866.7 MΩ, 80.7 MΩ, 12.6 MΩ, and 4.3 MΩ for (rGO/silk)$_{1-R}$, (rGO/silk)$_{2-R}$, (rGO/silk)$_{3-R}$, and (rGO/silk)$_{4-R}$, respectively) (Fig. 2h). In the aligned rGO/silk groups, we observed an anisotropy of conductivity (Fig. 2h), where the resistance measured from the direction parallel to the nanofiber orientation is significantly lower than that measured from the vertical direction. This anisotropy may be attributed to the difference in the conductor length (longer in the vertical direction than the parallel direction) and the cross-sectional area (smaller in the vertical direction than the parallel direction) of the rGO layer deposited on the aligned silk mats (Supplementary Figure S5). This anisotropic conductivity of the aligned rGO/silk scaffolds could lead to a stronger transmission of electrical signals along the orientation of the aligned nanofibers and cultured tissues, which biologically mimics the directional electrical transmission in native excitable tissues.

As excitation–contraction coupling tissues may possess contraction-induced strain (e.g., myocardium and skeletal muscle), we further studied the conductivity of the rGO/silk scaffolds and integrity of rGO after repeated stretching. After 10 cycles of stretching at 20%, the resistance increases by 281, 529 and 637% for (rGO/silk)$_{1-R}$, (rGO/silk)$_{2-R}$, and (rGO/silk)$_{3-R}$, respectively; (rGO/silk)$_{4-R}$ becomes an insulator (Fig. 2i). The increase in the resistance of the rGO/silk scaffolds is associated with the fracturing of the rGO layer caused by stretching, as confirmed by the integrity of the rGO coating before and after 20% stretching (Fig. 2j and Supplementary Figure S6). Thinner rGO layers tend to elongate evenly

Fig. 2 Topological, chemical, electrical, mechanical and hydrophilic-hydrophobic properties of rGO/silk biomaterials. Topological properties of **a** silk_R, **b**) (rGO/silk)_{1-R}, **c** (rGO/silk)_{1-A}, and **d** rGO paper. **e** The roughness of silk, rGO/silk and rGO paper representing the surface microstructure. **f** Raman spectra of silk and rGO/silk biomaterials. **g** Turn-on of light-emitting diode through (rGO/silk)_1 and (rGO/silk)_2 biomaterials (12 V, DC). **h** Resistance of random rGO/silk and aligned rGO/silk measured from the directions parallel and vertical to the orientation of the aligned nanofibers. **i** Resistance of the rGO/silk scaffolds before and after 20% stretching, representing the conductivity reduction caused by rGO layer deformation. **j** Appearance of the rGO coating after 20% stretching. The thinner rGO layer of (rGO/silk)_1 elongates evenly with the underlying silk matrices; the thicker rGO layer of (rGO/silk)_4 fractures with obvious cracks. Scale bar: 1 cm. **k** Young's moduli of the silk and rGO/silk biomaterials. **l** Water contact angle on silk, rGO/silk and rGO paper, suggesting their hydrophilic–hydrophobic properties

with the underlying silk matrices, demonstrating strong interface adhesion between the rGO layer and the silk matrices, which could be due to the formation of hydrogen bonds[28]. However, thicker rGO layers fracture with evident cracks, which are wider and more fatal to the interconnection of the whole rGO layer with increasing rGO thickness. This result is as expected from the Weibull scaling of strength for brittle materials[29], with thicker coatings more likely to possess a critical-size defect. These results demonstrate that the rGO layer in the rGO/silk scaffolds is more resistant to strain-induced fracture with thinner coatings and thus is more likely to maintain its structural integrity and conductivity, suggesting that these composites are favorable for applications in flexible electronics and the engineering of excitation–contraction coupling tissues (e.g., myocardium and skeletal muscle).

We further investigated the influence of GO coatings and the reductive treatment on the mechanical properties of rGO/silk composites. No significant change in the tensile Young's modulus after rGO coating is found in any of the study groups (Fig. 2k), as expected, due to the relatively low volume fraction of rGO and the stability of silk fibroin in reduction treatment.

The hydrophobicity of rGO paper (79.3 ± 2.5°, Fig. 2l) makes this scaffold unfavorable for cell adhesion and spreading[30]. The combination of silk substrates with an rGO nanolayer significantly increases the hydrophilicity of the composites (from 35.0 ± 7.1° to 17.6 ± 8.5°), where the hydrophilicity of rGO/silk increases with a reduction in the rGO thickness (Fig. 2l). This effect could be attributed to the excellent hydrophilicity (11.1 ± 3.1°) and surface nanostructure of electrospun silk mats underlying the rGO layer.
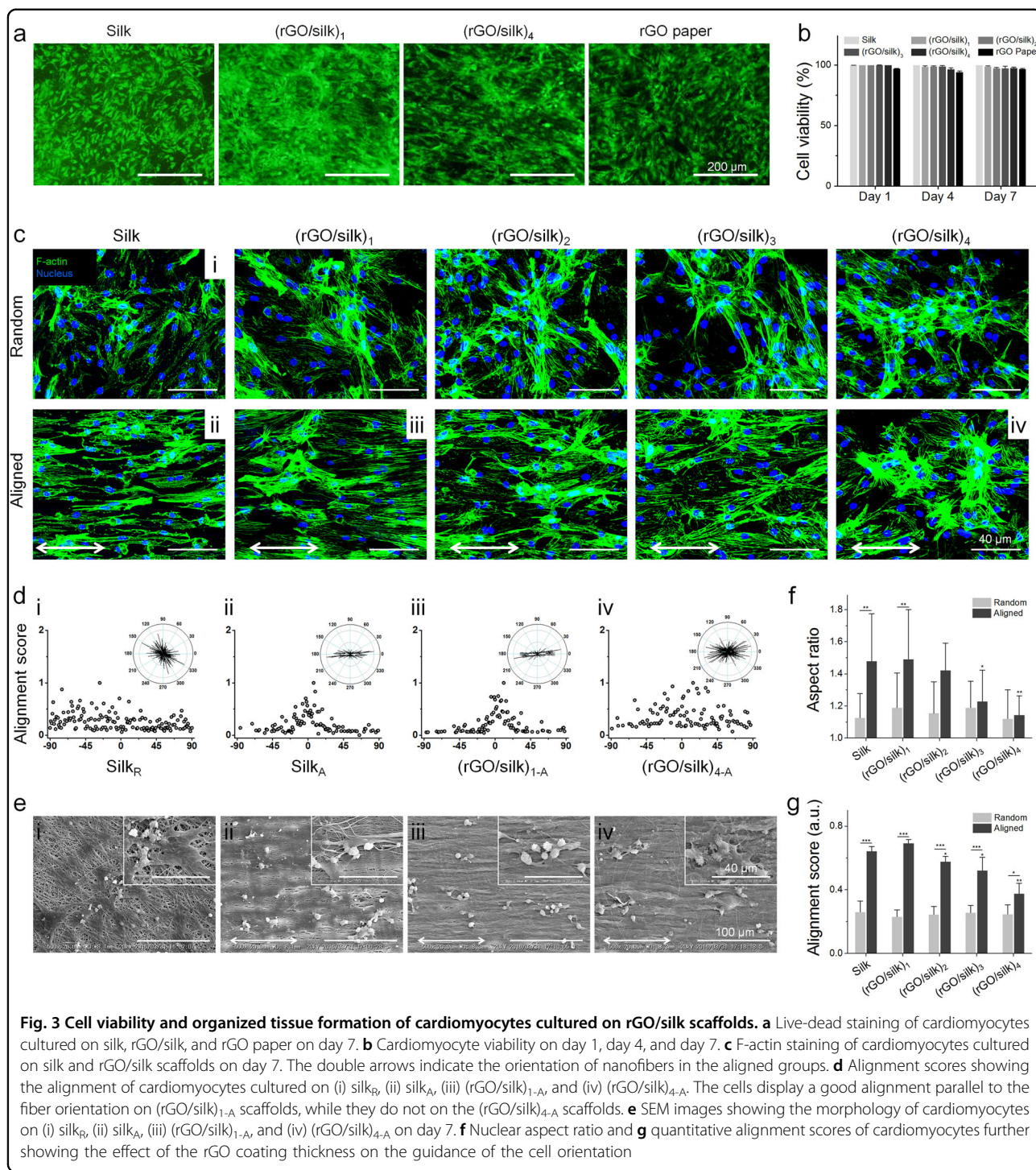
The superior electrical conduction properties of the rGO coating were achieved with a trace amount of conductive additives (rGO layer reduced from a minimum of 0.005 mg GO per cm^2), which influenced the other material properties only slightly. The excellent controllability of this fabrication method enables precise control over the coating thickness, nanofibrous morphology and conductivity, and the development of composites that have potential applications in biomedicine and other fields. Moreover, this method could allow the deposition of GO and rGO nanolayers on aligned nanofibrous scaffolds while maintaining the anisotropic surface morphology, which is favorable for engineering some excitable tissues that require structural guidance to form ordered and biomimicking tissues (e.g., cardiac and nerve tissues).

To investigate the potential of conductive rGO/silk materials for engineering excitable tissues, we chose cardiac tissues, one of the most widely studied excitable tissues that could be functionally improved by a conductive scaffold and electrical stimulation, as the test model in our cell experiment. Cardiomyocytes isolated from neonatal rats were seeded and cultured on the scaffolds and assessed on days 1, 4, and 7. Cardiomyocytes cultured on silk, rGO/silk composites and rGO paper all demonstrate a high viability during the 7 days of culture (Fig. 3a, b and Supplementary Figure S7). This result suggests an excellent biocompatibility of rGO for cardiomyocyte culture.

The rGO/silk composite demonstrated an enhanced ability to promote the organization of cardiac tissues. From F-actin staining, we observed that cardiomyocytes cultured on $(rGO/silk)_1$, $(rGO/silk)_2$, and $(rGO/silk)_3$ exhibit more striated and mature cytoskeleton structures and larger spreading areas than those cultured on bare silk scaffolds (Fig. 3c and Supplementary Figure S8). These differences might be due to the abundant functional groups on the rGO layers as well as to the improved

conductivity[31]. This effect becomes less significant on thicker rGO coatings that are sufficiently thick to make the surface of the rGO/silk composites smoother, especially those in the $(rGO/silk)_4$ group, indicating a critical role of topological cues in regulating cardiomyocyte morphology[32]. Moreover, cardiomyocytes cultured on $(rGO/silk)_{1-A}$, $(rGO/silk)_{2-A}$, and $(rGO/silk)_{3-A}$ spread into rod shapes and oriented along the fiber direction (Fig. 3c, d and Supplementary Figure S8). The cell alignment is less significant with the increase in the rGO layer thickness and the associated loss of structural cues (Fig. 3d). The effect of topographical cues in the rGO/silk scaffolds on cardiomyocytes could also be observed in the SEM images, where the cardiomyocytes are extended with a spindle-shaped appearance along the nanofiber alignment of the silk and rGO/silk scaffolds for the thin layer thickness (Fig. 3e and Supplementary Figure S9). Quantitative analyses of the nuclear aspect ratio (Fig. 3f) and alignment score (Fig. 3g) further confirm these observations, suggesting the importance of precisely controlling the rGO thickness to avoid compromising the positive effects of the scaffold conductivity and topographical cues.
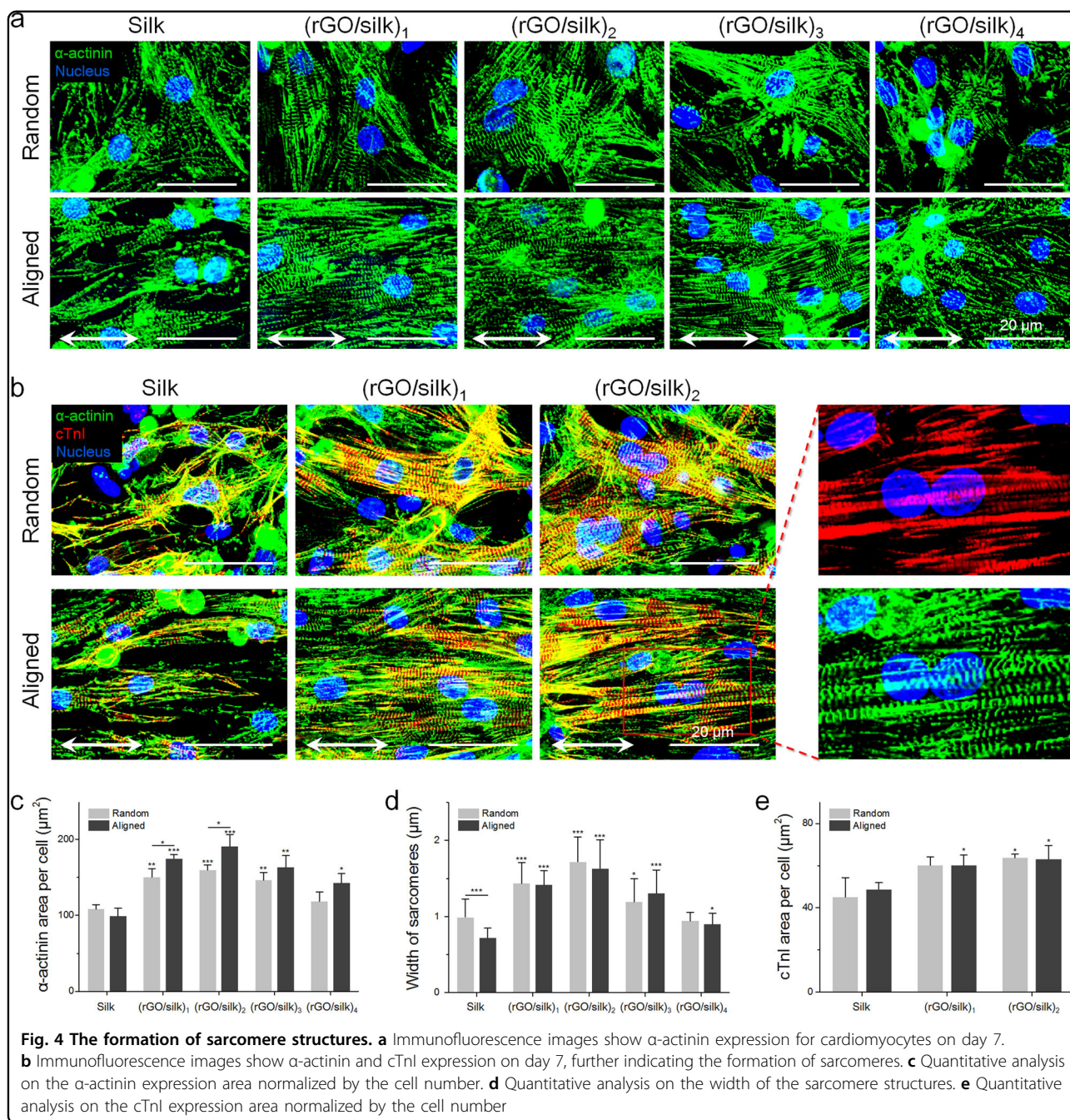
To assess the effect of the rGO layer on the maturation of cardiac tissues, we analyzed the expression of cardiac-specific proteins including α-actinin, cTnI and Cx-43 after 7 days of culture using immunofluorescence. Similar to the results of F-actin staining, the immunofluorescence results showed that the expression of α-actinin is significantly promoted by a thinner rGO layer relative to the unmodified silk scaffolds (109 ± 5 μm^2, 151 ± 11 μm^2, and 160 ± 7 μm^2 per cell in the $silk_R$, $(rGO/silk)_{1-R}$ and $(rGO/silk)_{2-R}$ groups, respectively; 99 ± 10 μm^2, 175 ± 5 μm^2, and 191 ± 15 μm^2 per cell in the $silk_A$, $(rGO/silk)_{1-A}$ and $(rGO/silk)_{2-A}$ groups, respectively). However, this effect diminishes with the increase in the rGO layer thickness (147 ± 10 μm^2 and 119 ± 12 μm^2 per cell in the $(rGO/silk)_{3-R}$ and $(rGO/silk)_{4-R}$ groups, respectively; 164 ± 15 μm^2 and 143 ± 12 μm^2 per cell in the $(rGO/silk)_{3-A}$ and $(rGO/silk)_{4-A}$ groups, respectively) (Fig. 4a, c). These results suggest that the rGO layers and nanofibrous topographical cues have synergistic effects on the maturation of cardiac tissues. As evident from the localization of α-actinin at the Z-line, sarcomeric structures are observed in cardiomyocytes cultured on all the studied scaffolds (Fig. 4a). Moreover, we found that the width of the sarcomeres, which represents the contractile ability of cardiomyocytes, is maximized by the synergistic effect of the rGO layer and nanofibrous structure of the $(rGO/silk)_2$ group (1.7 ± 0.3 μm for $(rGO/silk)_{2-R}$ compared to 1.0 ± 0.2 μm for $silk_R$ and 1.6 ± 0.4 μm for $(rGO/silk)_{2-A}$ compared to 0.7 ± 0.1 μm for $silk_A$) (Fig. 4d). Based on the aforementioned results, including the resistance to strain (Fig. 2), guidance for oriented tissue formation (Fig. 3), and promotion of sarcomere formation

Fig. 3 Cell viability and organized tissue formation of cardiomyocytes cultured on rGO/silk scaffolds. a Live-dead staining of cardiomyocytes cultured on silk, rGO/silk, and rGO paper on day 7. **b** Cardiomyocyte viability on day 1, day 4, and day 7. **c** F-actin staining of cardiomyocytes cultured on silk and rGO/silk scaffolds on day 7. The double arrows indicate the orientation of nanofibers in the aligned groups. **d** Alignment scores showing the alignment of cardiomyocytes cultured on (i) silk$_R$, (ii) silk$_A$, (iii) (rGO/silk)$_{1-A}$, and (iv) (rGO/silk)$_{4-A}$. The cells display a good alignment parallel to the fiber orientation on (rGO/silk)$_{1-A}$ scaffolds, while they do not on the (rGO/silk)$_{4-A}$ scaffolds. **e** SEM images showing the morphology of cardiomyocytes on (i) silk$_R$, (ii) silk$_A$, (iii) (rGO/silk)$_{1-A}$, and (iv) (rGO/silk)$_{4-A}$ on day 7. **f** Nuclear aspect ratio and **g** quantitative alignment scores of cardiomyocytes further showing the effect of the rGO coating thickness on the guidance of the cell orientation

(Fig. 5), (rGO/silk)$_1$ and (rGO/silk)$_2$ were found to be superior to (rGO/silk)$_3$ and (rGO/silk)$_4$; thus we selected these two groups for further characterization of their performance for engineering functional cardiac tissues.
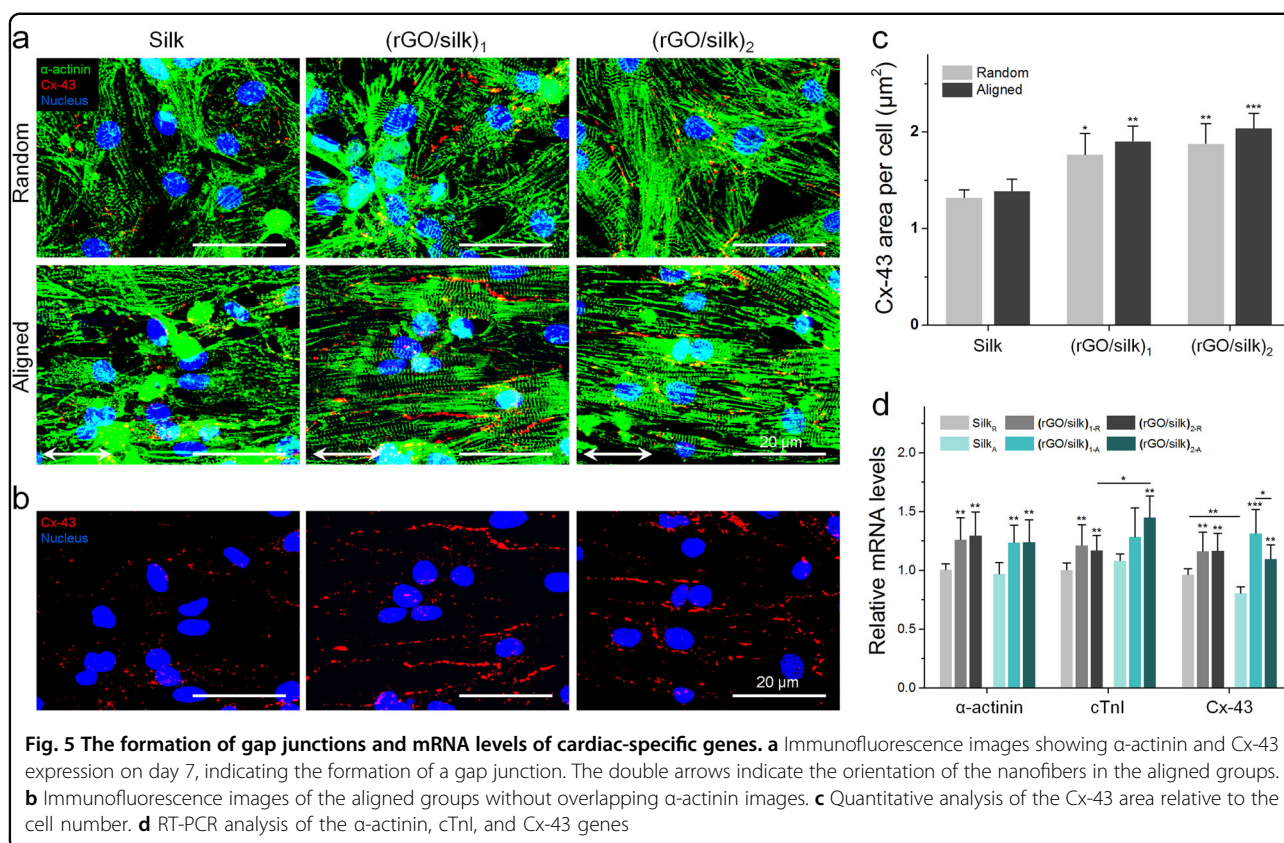
cTnI, which could label the sarcomeric β-myosin heavy chain, was costained with α-actinin to further confirm the sarcomere structures (Fig. 4b and Supplementary Figure S10). The expression of cTnI exhibits a complementary distribution to that of α-actinin (Fig. 4b), which is coincident to the localization of the β-myosin heavy chain and Z-line in sarcomeres. The quantitative analysis revealed that the expression of cTnI is significantly improved in (rGO/silk)$_{1-A}$, (rGO/silk)$_{2-A}$, and (rGO/silk)$_{2-R}$ scaffolds compared to that in bare silk

Fig. 4 The formation of sarcomere structures. a Immunofluorescence images show α-actinin expression for cardiomyocytes on day 7. **b** Immunofluorescence images show α-actinin and cTnI expression on day 7, further indicating the formation of sarcomeres. **c** Quantitative analysis on the α-actinin expression area normalized by the cell number. **d** Quantitative analysis on the width of the sarcomere structures. **e** Quantitative analysis on the cTnI expression area normalized by the cell number

scaffolds (Fig. 4e). From these results, we confirm that the synergy of the conductivity and aligned nanofibrous topographical cues is ideal to enhance the expression of sarcomeric proteins and improve the formation of aligned and strengthened sarcomeric structures[33]. The optimal thickness of the rGO/silk coating is a tradeoff between the enhanced conductivity of thicker rGO coatings and the well-maintained nanofibrous cues of thinner rGO coatings.

To assess the electrical coupling and communication of regenerated cardiac tissues, Cx-43 was costained with α-actinin to examine the formation of gap junctions. We observed that Cx-43 expression is significantly higher in cardiomyocytes cultured on (rGO/silk)$_1$ and (rGO/silk)$_2$ for 7 days than in those cultured on silk fibroin scaffolds (Fig. 5a–c and Supplementary Figure S11). Moreover, Cx-43 expression is enriched at the boundary of adjacent cardiomyocytes, especially
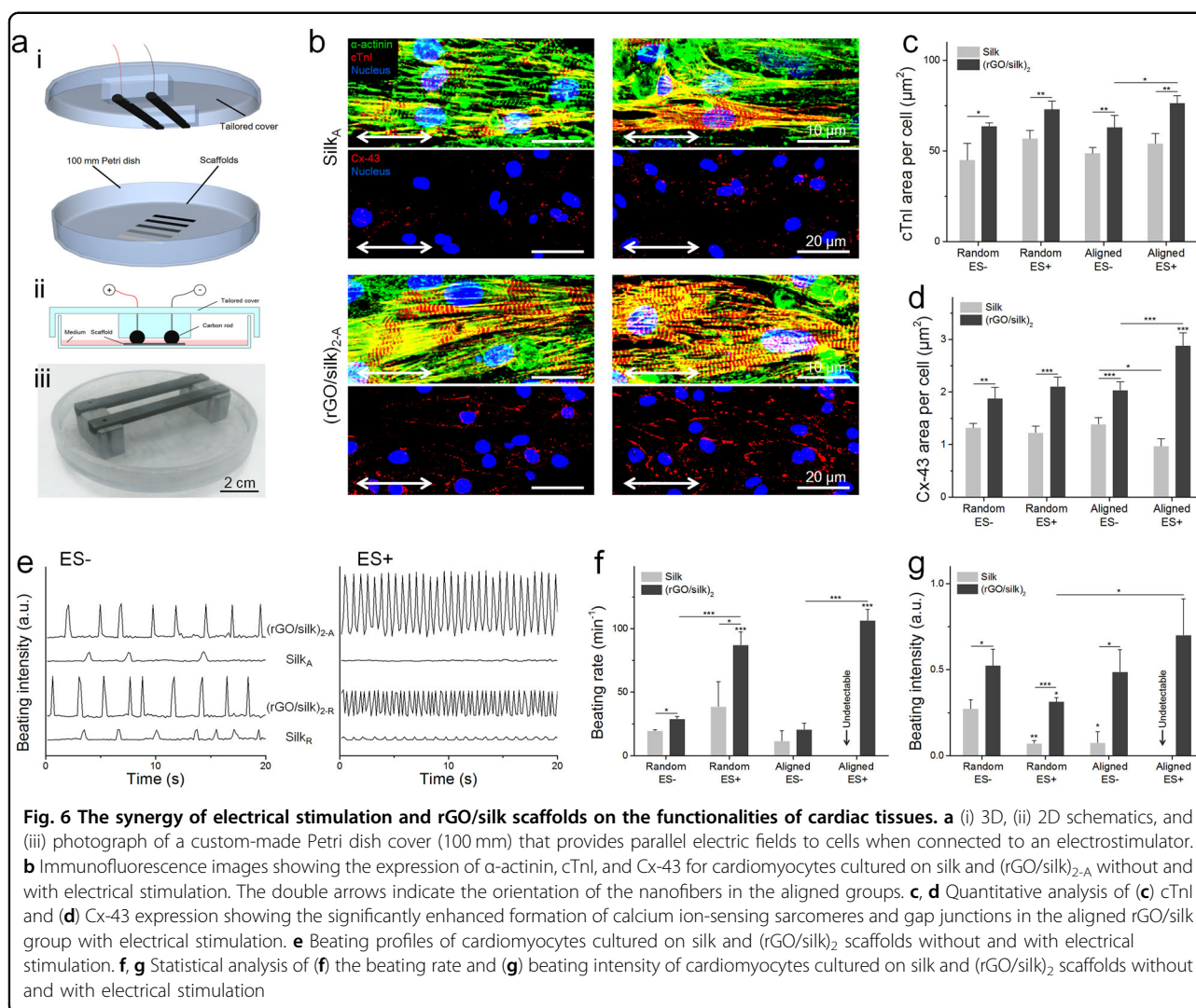
Fig. 5 The formation of gap junctions and mRNA levels of cardiac-specific genes. a Immunofluorescence images showing α-actinin and Cx-43 expression on day 7, indicating the formation of a gap junction. The double arrows indicate the orientation of the nanofibers in the aligned groups. **b** Immunofluorescence images of the aligned groups without overlapping α-actinin images. **c** Quantitative analysis of the Cx-43 area relative to the cell number. **d** RT-PCR analysis of the α-actinin, cTnI, and Cx-43 genes

those cultured on the aligned rGO/silk scaffolds. These results indicate the capability of rGO/silk scaffolds to enhance cell–cell communication, which is an important symbol for the functionalization of cardiac tissues [34].

The expression of α-actinin, cTnI, and Cx-43 was also examined at the mRNA level (Fig. 5d). Significant upregulation of all the markers is observed in cardiomyocytes cultured on $(rGO/silk)_2$ scaffolds compared to the marker expression in bare silk scaffolds. However, there is no significant difference in the transcript expression levels in cardiomyocytes cultured on aligned and random rGO/silk scaffolds. These results suggest that nanofiber alignment is more effective for the organization of proteins than gene transcription and protein expression. Therefore, $(rGO/silk)_2$ scaffolds were selected to study the effects of electrical stimulation on the further improvement of cardiac functions.

To investigate the effect of electrical stimulation on cardiac tissue functions, we applied electrical stimulation to cardiomyocytes 3 days after seeding using a custom-made Petri dish cover (100 mm) that provides parallel electric fields to the cells (Fig. 6a). A parallel-pulsed electric field (1 Hz, 5 (V cm^{-1})) was employed, and the electrical stimulation was maintained for 4 days during culture.

The expression of cTnI and Cx-43 were enhanced by the electrical stimulation of the cardiac tissues on rGO/silk scaffolds (Fig. 6b and Supplementary Figures 10–11. The tissues, especially those on the aligned rGO/silk scaffolds, exhibit elongated and interconnected sarcomeric structures with uniaxial alignment along the silk nanofibrous orientation with electrical stimulation. The quantitative analysis of the expression area of cTnI and Cx-43 revealed that electrical stimulation significantly increases the expression of cTnI and Cx-43 on the aligned rGO/silk scaffolds by ~1.5 and 2.1 times those on aligned silk scaffolds, respectively (Fig. 6c–d). However, for cardiac tissues on random silk and rGO/silk scaffolds, the Cx-43 expression level shows no significant change after electrical stimulation, suggesting that coupling between the direction of electrical stimulation and the tissue orientation is essential for the enhancement of cell–cell coupling. We also observed that in the aligned silk group, the Cx-43 expression level is significantly reduced in the groups with electrical stimulation (Fig. 6d).

The spontaneous beating of engineered cardiac tissues with or without electrical stimulation was examined and recorded to further characterize the tissue electrophysiology (Fig. 6e–g). We observed a spontaneous

Fig. 6 The synergy of electrical stimulation and rGO/silk scaffolds on the functionalities of cardiac tissues. a (i) 3D, (ii) 2D schematics, and (iii) photograph of a custom-made Petri dish cover (100 mm) that provides parallel electric fields to cells when connected to an electrostimulator. **b** Immunofluorescence images showing the expression of α-actinin, cTnI, and Cx-43 for cardiomyocytes cultured on silk and (rGO/silk)$_{2-A}$ without and with electrical stimulation. The double arrows indicate the orientation of the nanofibers in the aligned groups. **c, d** Quantitative analysis of (**c**) cTnI and (**d**) Cx-43 expression showing the significantly enhanced formation of calcium ion-sensing sarcomeres and gap junctions in the aligned rGO/silk group with electrical stimulation. **e** Beating profiles of cardiomyocytes cultured on silk and (rGO/silk)$_2$ scaffolds without and with electrical stimulation. **f, g** Statistical analysis of (**f**) the beating rate and (**g**) beating intensity of cardiomyocytes cultured on silk and (rGO/silk)$_2$ scaffolds without and with electrical stimulation

beating ability of cardiac tissues in all groups without electrical stimulation. The beating rate and intensity of cardiac tissues on rGO/silk scaffolds are significantly higher than those of cardiac tissues on silk scaffolds. This result is consistent with the enhanced expression of cardiac-specific proteins in tissues on rGO/silk scaffolds. Therefore, the incorporation of an rGO nanolayer can enhance the electrophysiological function of cardiac tissues relative to the effect of bare silk scaffolds even without electrical stimulation.

We found that the beating of cardiac tissues engineered on rGO/silk scaffolds can be further improved by electrical stimulation. However, this effect is not observed for the cardiac tissues engineered on bare silk scaffolds (Fig. 6e). Cardiac tissues on rGO/silk scaffolds exhibit stable and enhanced spontaneous synchronous beating with an increased beating rate and intensity upon the removal of electrical stimulation (Fig. 6e). Quantitative analyses reveal that electrical stimulation significantly

accelerates the beating rate of tissues on random rGO/silk scaffolds (from 29.1 ± 1.8 min^{-1} to 87.4 ± 10.0 min^{-1}) and aligned rGO/silk scaffolds (from 20.8 ± 4.6 min^{-1} to 106.5 ± 8.8 min^{-1}) (Fig. 6f) and enhances the contractile intensity of tissues on aligned rGO/silk scaffolds (relative value from 0.49 ± 0.13 to 0.70 ± 0.21) (Fig. 6g). Collectively, rGO coatings, electrical stimulation, and aligned morphology worked synergistically (aligned rGO/silk scaffolds with electrical stimulation) to improve the contractile rate to 5.4 times (mean value of 106.5 min^{-1} compared to 19.7 min^{-1}) and the contractile intensity to 2.6 times (mean value of 0.70 compared to 0.27) that of the tissues on the random silk scaffolds without electrical stimulation.

After electrical stimulation, the spontaneous beating of cardiac tissues on random silk scaffolds weakened and that on aligned silk scaffolds became undetectable. This result is consistent with the reduced Cx-43 expression level observed in the aligned silk group after electrical

stimulation. This effect may be attributed to the lower spreading area of cardiomyocytes on silk scaffolds and their rod-shaped morphology on aligned scaffolds (Fig. 3c). These two factors work together and result in cardiomyocytes being less likely to contact adjacent cells than those on rGO-coated scaffolds at the same cell density. Thus, the opportunity to form gap junctions between cardiomyocytes on aligned silk scaffolds was significantly reduced. This hypothesis was supported by another study that suggested that Cx-43 is highly expressed in grouped cells rather in single separated cells[35]. Thus, the cardiac tissues in the aligned silk group exhibited the weakest cell–cell communication and could have had a lower tolerance to electrical stimulation than those on random silk or rGO/silk scaffolds, leading to a negative influence on Cx-43 expression and the beating function after electrical stimulation (Fig. 6e–g).

The synergistic effects of a conductive rGO nanolayer, an aligned nanofibrous morphology and external electrical stimulation improved the function of engineered cardiac tissues. The incorporation of a conductive rGO layer allowed pacemaker cells to transmit electrical signals to cardiomyocytes at a distance in addition to adjacent cells and to form electrical coupling with other pacemaker cells[10,36], promoting cell cluster confluence and synchronized beating[37]. Electrical signals transmitted much more effectively through rGO layers than through cell culture medium, perhaps resulting in a promotion of gap junction formation among electrically coupled cardiomyocytes[38,39], which is a key factor in enabling electrical communication between implanted tissues and the native myocardium[7,40]. Aligned and well-organized cardiac tissues grown on aligned rGO/silk matrices exhibited an improved formation of cell–cell gap junctions and strengthened beating function. These three factors worked synergistically to promote cell–cell communication. Aligned rGO/silk scaffolds with an rGO coating thickness of ~100 nm are the most effective in this regard.

Conclusion

In summary, we successfully fabricated rGO-functionalized nanofibrous silk fibroin materials and demonstrated their potential for regenerating functional excitable tissues. This method can deposit a uniform rGO layer upon both isotropic and anisotropic nanofibrous substrates and precisely control the layer thickness on the nanoscale. With ultrathin coatings, the rGO/silk materials exhibited a high conductivity while maintaining the topological cues and flexibility of nanofibrous matrices. For engineering excitable tissues, the rGO/silk matrices promoted cell spreading, cardiac-specific protein expression, the formation of sarcomeric structure and cell–cell gap junctions, and spontaneous beating of regenerated cardiac tissues. Moreover, the rGO layer enhanced the promotive effect of electrical stimulation on cardiac tissues. Overall, the rGO nanolayer-coated nanofibrous biomaterials demonstrate promise in cardiac tissue engineering applications and the potential to be extended for regenerating other excitable tissues and developed for electrical applications such as flexible electronics and sensors.

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Conflict of interest
The authors declare that they have no conflict of interest.

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